

# Ukraine



**More than three years since Russia's full-scale invasion in February 2022, the war in Ukraine remains deadly, destructive and unpredictable. The United Nations reports more than 12,600 civilian deaths and nearly 30,000 injured since the Russian invasion of February 2022.**

As of early 2025, approximately 3.6 million people remain internally displaced, while 6.9 million have sought refuge abroad—more than one-quarter of the pre-war population of 41 million. More than 1,860 attacks on Ukraine's health care system have been documented since February 2022, and 263 health workers have been killed.

International Medical Corps has worked in Ukraine since 1999 and has maintained a continuous presence since 2014.

In response to the 2022 escalation, we rapidly scaled up operations across the country to deliver emergency and primary healthcare, mental health and psychosocial support (MHPSS), protection services, rehabilitation of healthcare facilities, nutrition and livelihoods programming, and water, sanitation, and hygiene (WASH) services.

To strengthen the health system, we distribute medicines and medical supplies, rehabilitate damaged health facilities and train health workers in trauma care, MHPSS and other critical skills. Our WASH teams provide access to safe water and distribute hygiene and dignity kits. In coordination with government authorities and local partners, we deliver protection services and support recovery and health-system strengthening efforts along the humanitarian–development nexus.

Since February 2022, International Medical Corps has reached more than 11 million Ukrainians with lifesaving supplies, health services and training.



## STRENGTHENING HEALTHCARE

Ensuring access to quality healthcare across Ukraine remains critical amid ongoing conflict and displacement. International Medical Corps is committed to supporting resilient, inclusive health systems that meet urgent and long-term needs. This includes strengthening emergency preparedness, reinforcing primary and community healthcare structures and tailoring services to local contexts.

To support Ukraine’s healthcare goals, we partner with government institutions to advance health-sector reforms through technical assistance, capacity building and scalable service-delivery models. Committed to a locally led response, we have partnered with 27 national and local nongovernmental organizations (NGOs) since February 2022—amplifying local leadership and ensuring that aid reaches those who need it most.

Our mission in Ukraine is twofold: to respond to urgent humanitarian needs while building the public health system’s capacity to prepare for, respond to and recover from emergencies. Operating in 16 oblasts, we provide humanitarian and early recovery support while investing in sustainable, standards-aligned systems that enhance long-term health resilience.

## WATER, SANITATION AND HYGIENE

International Medical Corps delivers standalone and integrated WASH services across Ukraine. For example, we provide services to health facilities by installing water tanks, filtration systems and purification units to ensure access to safe water. Our teams distribute potable water, hygiene supplies, and infection prevention and control kits. As co-lead of the sub-national WASH Cluster in southern Ukraine, we collaborate with local authorities and communities. We also support environmental clean-up and waste management while exploring sustainable development solutions, including solarizing municipal water and sanitation systems.



## MENTAL HEALTH AND PSYCHOSOCIAL SUPPORT

International Medical Corps promotes mental health and psychosocial well-being across Ukraine through essential, evidence-based interventions integrated with primary-healthcare and protection services.

Working directly and through local partners, we deliver psychosocial support and mental health case management to individuals and groups, including those in frontline and hard-to-reach areas via mobile medical units, and in existing community spaces such as libraries.

Our multidisciplinary teams strengthen local capacity by training providers in general mental health care and scalable interventions such as Self-Help Plus and the World Health Organization's Mental Health Gap Action Programme (mhGAP). We also lead implementation of the Integrated Model for Supervision, offering structured support, skill-building and quality monitoring for mental health professionals.

As co-lead of Ukraine's MHPSS Technical Working Group, we align all efforts with the National Mental Health Action Plan 2024–2026 and coordinate closely with national stakeholders, including the Ministry of Health and the Coordination Center for Mental Health.



## VIOLENCE AGAINST WOMEN AND GIRLS

International Medical Corps delivers lifesaving services focused on the prevention and treatment of violence against women and girls, working through women's and girls' safe spaces (WGSS) and mobile outreach in seven oblasts, in partnership with five local women-led organizations. Services include age-appropriate case management, individual and group psychosocial support, awareness-raising and referrals. WGSS also serve as hubs for resilience, recovery and skill-building. We distribute dignity kits both as a risk mitigation measure and as an entry point to broader support.

Our programming adapts global best practices and tools to the local context, including guidance for case management, supportive supervision and WGSS implementation. We strengthen national capacity by training local partners and government actors on survivor-centered care, risk mitigation and safe referrals. Our programming strengthens women and girls, supports local response actors and engages communities to reduce protection risks and improve access to safe, quality services.



## INFRASTRUCTURE REHABILITATION

With more than 1,600 health facilities damaged and \$150 billion in infrastructure losses, Ukraine is recovering with help from International Medical Corps' targeted rehabilitation efforts. We restore facilities via structural repairs, blast-resistant upgrades and "bunkerization" of basements that enable continuity of care during attacks. We also repair critical systems—including electric, septic and heating—and enhance accessibility. Winterization efforts include installing reliable heating sources and power supplies to maintain safe operations in health facilities year-round.

## PHYSICAL REHABILITATION

The war in Ukraine has significantly increased the demand for physical rehabilitation while limiting access to services. In response, International Medical Corps collaborated with the Ministry of Health and the Ukrainian Association of Physical Therapy to strengthen national capacity. We have equipped health facilities with essential rehabilitation equipment, trained medical staff, developed context-specific clinical guidelines and improved facility accessibility. So far, more than 5,160 people have accessed improved rehabilitation services supported by International Medical Corps—advancing recovery and inclusion for those affected.

## LOCALIZATION AND PARTNERSHIPS

International Medical Corps is committed to strengthening local response capacities, particularly in health, MHPSS and protection. We co-develop technical support and institutional strengthening plans with local NGOs, prioritizing sustainability and readiness for future crises.

Our partnerships focused on combatting violence against women and girls have expanded from safe spaces and psychosocial support to community-wide initiatives promoting safety and accessibility of services, along with community resilience.

Through a livelihoods partnership, we have provided war-wounded veterans and civilians with entrepreneurship training and grant support to launch small businesses, helping them to rebuild their lives with purpose and independence.



In collaboration with the Harvard Humanitarian Initiative, we've enhanced emergency care in hospitals by piloting standards of practice, and providing training and mentorship covering trauma, mass casualty events, and chemical, biological, radiological, nuclear and explosive preparedness, reaching thousands in person and more than 1 million online.



[www.InternationalMedicalCorps.org](http://www.InternationalMedicalCorps.org)

A pre-eminent first responder since 1984, International Medical Corps delivers emergency medical and related services to those affected by conflict, disaster and disease, no matter where they are, no matter what the conditions. We also train people in their communities, providing them with the skills they need to recover, chart their own path to self-reliance and become effective first responders themselves.

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