



# IMPACT REPORT 2024



**With generous support from our donors, International Medical Corps continues to be one of the world's leading first responders.**

Because of your commitment, last year, we reached more than 15.1 million people affected by conflict, disaster and disease in some 30 countries. Since our founding in 1984, International Medical Corps has helped tens of millions of people in more than 80 countries, including the United States. Through our staff and volunteers worldwide, most of whom are local, we provide lifesaving healthcare and emergency relief while training local people to become effective first responders themselves, helping to build self-reliance.



## **From Relief to Self-Reliance**

### **OUR CORE PROGRAMS**



Lifesaving Emergency Response



Maternal & Child Health



Family & Community Health



Nutrition, Food Security & Livelihoods



Water, Sanitation & Hygiene



Mental Health & Psychosocial Support



Health Services Support



**TRAINING**  
Underpins All We Do

JANUARY 6



## Field hospital opens in Rafah, Gaza

International Medical Corps opens a field hospital in southern Gaza to provide vital medical care—including emergency services, trauma care, obstetric and newborn care, physical rehabilitation, child protection and clean water—to civilians affected by the war.

APRIL 15



## Two-year milestone, Sudan conflict

Entering its third year of civil war, public health in Sudan is in crisis, with more than half of its population—25.6 million people—experiencing acute hunger. We continue to help millions of people across the country, supporting 70 health facilities and several mobile teams that deliver lifesaving nutrition services, maternal healthcare, infectious disease treatment and more.

JULY 3

## Hurricane Beryl makes landfall in Jamaica and US

JULY 11

## Mpox virus detected in CAR and DRC

JULY 20

## Typhoon Gaemi causes mass destruction in the Philippines

SEPTEMBER



## Flooding in South Sudan causes mass displacement

Flooding fueled by extreme weather displaces tens of thousands in South Sudan. In response, we deploy mobile health teams to provide lifesaving healthcare services.

OCTOBER 9

## Hurricane Milton makes landfall in Florida

OCTOBER 24

## Typhoon Trami devastates the Philippines

DECEMBER 8

## Change of government in Syria

We expand our support to meet the medical needs of newly displaced people, as well as Syrians returning to the country.

JANUARY >>>

>>> DECEMBER

STORM RESPONSE >>>

STORM RESPONSE >>>

STORM RESPONSE >>>

STORM RESPONSE >>>

STORM RESPONSE >>>

STORM RESPONSE >>>

FEBRUARY 24

## Two-year milestone, war in Ukraine

As the war enters its third year, our courageous team continues to provide services throughout the country, focusing on the unique needs of each region. We also provide lifesaving trauma-care training to thousands.



MAY 10

## Severe flooding in Afghanistan



MAY 8

## Second field hospital opens in Deir al Balah, Gaza



AUGUST 5

## Hurricane Debby makes landfall in Florida



AUGUST 14

## Tropical Storm Ernesto affects the US Virgin Islands and Puerto Rico



SEPTEMBER 11

## Hurricane Francine makes landfall in Louisiana



SEPTEMBER 10

## Alau Dam collapses in Maiduguri, Nigeria, causing extreme flooding and displacement



SEPTEMBER 26

## Hurricane Helene, southeastern United States



Hurricane Helene makes landfall in the Florida Panhandle as a Category 4 storm, unleashing unprecedented devastation over the Southeast. We deploy clinical volunteers and work with local partners to help those most in need.



NOVEMBER

## Lebanon conflict



Amid conflict in Lebanon, humanitarian needs remain high. We are supporting 54 healthcare centers, and providing lifesaving medicines, supplies and health services—including mental health care—to conflict-affected communities.





EMERGENCY RESPONSE

# Hurricane Response



As storms become more frequent, we're strengthening local partnerships to help communities recover and build their resilience to future disasters."

**Erica Tavares**  
Senior Director  
US Programs and Advancement

In 2024, there was a surge of devastating weather events around the world, including tropical cyclones—also known as hurricanes or typhoons. Over the last two decades, the number of people exposed to tropical cyclones has more than doubled, to 12% of the global population. As these communities deal with increasingly frequent and devastating storms—and related losses—resiliency and overall well-being plummet.

During the 2024 storm season, International Medical Corps responded to eight tropical cyclones and storms—including Hurricanes Beryl, Debby, Francine, Helene and Milton, Tropical Storm Ernesto, and Typhoons Gaemi and Trami—providing 1.5 million people with critically needed health resources and services in seven states across the US, as well as Jamaica, the Philippines and Puerto Rico.

International Medical Corps has been responding to disasters in the US and its territories since 2005, when we helped communities recover from the devastation caused by Hurricane Katrina in New Orleans. Since then, we have built strong relationships

with national, state and local partners—including Florida, where we are a pre-vetted responder—to provide emergency responses, identify gaps in the health system and support community-driven solutions to challenges brought on by natural disasters, public health crises and outbreaks of disease, helping to increase access to healthcare in vulnerable communities.



PHILIPPINES

## FROM THE FRONT LINES

On September 27, 2024, Katherine Whittaker was at work when she found out that Hurricane Helene had destroyed her home in North Carolina. Katherine suffers from a chronic lung disease that often makes it difficult to breathe—and it was getting worse. During her stay at the shelter where our teams were providing care, she learned she would need an oxygen tank to breathe for the rest of her life. Despite this, Katherine remained positive and focused on those around her. The response “has been just unbelievable,” she said. “Everyone wanted to get on the front lines, with the first responders saying, ‘We’re not going to sit back and watch you do this. We want to get down there and help you.’”

When Helene hit North Carolina, it tested the resilience of the state’s communities and infrastructure. In Asheville, one of the hardest-hit cities, people lost power for days, while potable water was unavailable for more than 50 days. That’s why we sent several waves of volunteers, comprising almost 50 medical and mental health professionals. “When a storm of this

strength hits an area, everyone is affected,” said Dr. Michael Grady, who volunteered with International Medical Corps in Ukraine, Gaza—and Asheville, where he lives. “You never think something like this could happen in your hometown, but International Medical Corps was there, providing desperately needed supplies and services. And, as usual, we continue to work with local partners to help our community recover.”



UNITED STATES



EMERGENCY RESPONSE

# Conflict in the Middle East



Our courageous teams operate amid conflict and disaster, reaching people in the most dangerous and vulnerable areas of the Middle East.”

**Bodgan Dumitru**  
Senior Director  
International Programs

Across the Middle East, ongoing conflict has destabilized the region and devastated the lives of millions.

In Israel, International Medical Corps is supporting emergency response and recovery efforts by long-time partner JDC, which is providing health and mental health services such as trauma therapies, social activities and care centers for vulnerable communities, including younger and older people.

Our dedicated teams continued to deliver lifesaving health services in Gaza and the West Bank, Iraq, Jordan, Lebanon, Syria and Yemen. In 2024, we provided direct services to more than 2.3 million people across the region. In Gaza, International Medical Corps operated two field hospitals where we delivered lifesaving services to nearly 400,000 people last year. Our teams provided critical medical care—including emergency services, surgical care for trauma, comprehensive obstetric and newborn care, physical rehabilitation, child protection, clean water and more—to civilians affected by the war. In Lebanon, we supported dozens of healthcare facilities and have further

extended our health services through mobile health units that have reached 209 shelters housing displaced people. In Syria, where humanitarian needs have been high for years, our teams continue to provide vital services to people—including those fleeing the conflict in Lebanon—through a number of static healthcare facilities and mobile teams.



## FROM THE FRONT LINES

Five-year-old Jana lives in Gaza with her family. Last year, Jana developed malnutrition. She grew thinner and suffered from diarrhea, vomiting and lethargy. Though her parents rushed her to a nearby hospital, the facility was overwhelmed with other patients and transferred her to International Medical Corps’ field hospital in Deir al Balah.

When Jana arrived, she could hardly speak or open her eyes. She weighed 22 pounds—about half the average weight for her age. The team brought Jana to the stabilization center and created a treatment plan to save her life. They gave her F-75 therapeutic milk—a dense formula containing vegetable fat, carbohydrates, vitamins and minerals. After a few days, they transferred her to F-100 therapeutic milk, which is used to transition patients back to solid food. They also gave Jana vitamin A supplements to boost her immune system and support her growth. Gradually, Jana began to open her eyes, move and laugh without pain. As her treatment continued, the team transferred her to the outpatient therapeutic program.

The treatment worked: her weight increased from 22 to 26 pounds, and she continues to recover with the support of our nutrition and child protection specialists. “Young children’s bodies need both micro and macro nutrients for their growth,” says Sibida George, Global Nutrition Advisor at International Medical Corps. “If children don’t get enough nutritious food, it affects their bodies faster, and they have a higher risk of death.”



# Training

Training is the foundation of our work. We have delivered more than \$4.8 billion in humanitarian assistance in 80+ countries since 1984—assistance made more valuable and sustainable because training has helped to strengthen communities and build self-reliance.



UKRAINE

## Ukraine

As the conflict in Ukraine escalated after February 2022, International Medical Corps increased its training and capacity-building in response. As attacks have battered cities, causing destruction that harms civilians, the number of trauma patients has grown. To help ensure that frontline healthcare workers know the latest techniques for responding to such emergencies, International Medical Corps has conducted a seven-part emergency- and trauma-care training program, working in partnership with the Harvard Humanitarian Initiative.

We have also provided training to doctors facing a new problem—patients whose chronic diseases were exacerbated during

conflict in the Kherson and Mykolaiv regions, which led to an increase in heart attacks and strokes. In response, International Medical Corps conducted training sessions for family doctors and general practitioners to help them address such noncommunicable diseases. Finally, our teams also have provided psychological first-aid training to civilians across the country, as well as to the health workers who care for them—enabling these caregivers to continue doing their work during difficult times.

Since February 2022, we have trained almost 12,000 Ukrainians in healthcare-related topics and nearly 5,000 in mental health topics.

## Sudan

Sudan is in crisis. The country is consumed by a civil war, and 25.6 million people—more than half of its population—are experiencing acute hunger. Approximately 3.7 million children under 5, and 1 million pregnant and breastfeeding women are acutely malnourished. Amid these immense challenges, International Medical Corps works with women and their children to build community and share lifesaving feeding practices.

In 2024, Marwa Malik, one of our nutrition officers, and Majda Idres, a community leader and volunteer we have trained, led a series of mother-to-mother support group sessions with women in Sinja, Sudan, before the city was evacuated due to violent clashes. In the sessions, women learned nutrition practices—including proper breastfeeding techniques—to help their children grow and thrive.

“When I teach mothers about nutrition and witness the positive impact on their health and their children’s health, it reaffirms why I do this work,” said Malik. “Together, we are

not just fighting diseases. We are building stronger, healthier communities.”

“As a leader of the mother-to-mother support groups, I’ve witnessed the profound impact our sessions have on displaced mothers,” added Idres. “They tell me how these gatherings make them feel safe and supported, not only in improving their children’s nutrition but also in becoming more involved in our community.”



SUDAN

## Central African Republic

International Medical Corps is training the next generation of midwives in the Central African Republic (CAR). In partnership with the CAR Ministries of Health and Higher Education, we opened the Bria Annex Institute in 2024 to train health professionals in this lifesaving role. The school will increase the number of skilled birth attendants—especially in remote areas—while improving access to maternal and newborn health services and other critical healthcare for women and children, leading to reduced mortality rates in CAR.



CENTRAL AFRICAN REPUBLIC

# Where We Work

Afghanistan    Cameroon    Central African Republic    Chad    Democratic Republic of the Congo  
Ethiopia    Gaza & the West Bank    India    Iraq    Jamaica    Japan    Jordan    Lebanon    Libya  
Mali    Morocco    Nigeria    Pakistan    Philippines    Poland    Somalia    South Sudan    Sudan  
Syria    Türkiye    Ukraine    USA & Territories    Venezuela    Yemen    Zimbabwe

\$1

EQUALS

\$30

Every unrestricted dollar you contribute can unlock up to an additional \$30 in grants, donated medicines and supplies.

88%

GOES TO  
PROGRAMS

88% of every dollar donated directly supports programs.

\$4.8

BILLION

We've delivered a total of \$4.8 billion in lifesaving healthcare services and training to millions of people globally.

41

YEARS

Since 1984, we've worked to save and change lives around the world, operating in difficult and often dangerous conditions.



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