

# Pakistan

**International Medical Corps has worked in Pakistan since 1985, when we began training young Afghan refugees to return to their home communities inside Afghanistan and provide basic healthcare in places that medical professionals had fled following the 1979 Soviet invasion.**

In 1999, we extended our training to the Afghan refugee population living in what was then Pakistan's northwest frontier, an area since renamed Khyber Pakhtunkhwa. When a massive earthquake struck the region in 2005, claiming more than 70,000 lives, our medical response teams were on the scene, treating survivors within 12 hours.

**Before the 2005 earthquake, our Pakistan team focused on two major initiatives: strengthening the national healthcare system, and providing primary and secondary healthcare services to the growing Afghan refugee population in Khyber Pakhtunkhwa province.**

Immediately following the 2005 quake, we dispatched medical and relief teams to remote, barely accessible locations to provide emergency medical care. We then established basic health units to meet the long-term needs of affected communities.

Our teams have provided water, sanitation and hygiene (WASH) services, nutrition support and mental health services to those displaced by fighting during a 2008–09 refugee crisis, the devastating floods of 2010 and 2011, the earthquake of 2014, COVID-19 pandemic response from 2020–22 and the record-breaking monsoon floods of 2022.



**EVERY DISASTER**

International Medical Corps has responded to every major disaster in Pakistan since 2005, including:

- ▶ **2005:** The devastating earthquake in northern Pakistan
- ▶ **2008:** Baluchistan earthquake
- ▶ **2008–14:** Massive civilian displacement due to militant activities in Khyber Pakhtunkhwa and the Federally Administered Tribal Areas
- ▶ **2010–2012:** Monsoon floods in Khyber Pakhtunkhwa, Punjab and Sindh
- ▶ **2015:** Earthquake in northern Khyber Pakhtunkhwa
- ▶ **2020–22:** COVID-19 pandemic
- ▶ **2022:** Monsoon floods in Balochistan, Khyber Pakhtunkhwa and Sindh



**2.16 MILLION PEOPLE**

have directly benefited from International Medical Corps' programming in Pakistan since 2005.



## Today, International Medical Corps works in several districts of Khyber Pakhtunkhwa province, providing the following services for Afghan refugees and vulnerable Pakistanis:

- ▶ mental health and psychosocial support (MHPSS);
- ▶ gender-based violence (GBV) prevention and response services;
- ▶ community education and awareness-raising about health issues;
- ▶ capacity-strengthening of healthcare providers;
- ▶ primary healthcare and essential medicines, equipment and supplies;
- ▶ WASH-related health and hygiene services; and
- ▶ skills training for women through the Women's Economic Empowerment initiative.

## In 2023, our teams in Pakistan provided services to 628,018 people, including:

- ▶ awareness-raising sessions on GBV, MHPSS, health and hygiene-related topics;
- ▶ MHPSS consultations;
- ▶ GBV and mental health case management;
- ▶ GBV prevention and response training;
- ▶ training in WASH-related interventions and in psychological first aid (PFA) and mental health case management, including the World Health Organization's Mental Health Gap Action Programme (mhGAP), and clinical management of rape and intimate partner violence; and
- ▶ healthcare services integrated with the UNHCR sustainable model for health.

We also provided primary healthcare, including maternal healthcare, and essential medicine, equipment and supplies to more than 124,500 people from flood-affected communities in the Charsadda district of Khyber Pakhtunkhwa province and in the Jamshoro, Dadu and Mirpur Khas districts of Sindh province. We provided more than 3,400 delivery kits to pregnant women in their third trimester.

In addition, International Medical Corps provided 3,000 dignity kits to women and girls in Sindh and Khyber Pakhtunkhwa provinces. We distributed 1,000 hygiene kits and 1,000 long-lasting insecticidal nets to help people affected by floods in Sindh province and educated 185,179 people through awareness-raising sessions on health and hygiene.

International Medical Corps provided about 1.2 million water purification sachets, as well as instructions on their proper usage, along with mixing tool kits, which include a bucket, stirrer and filtration cloth, to 9,400 families in flood-affected districts of Sindh province, including Dadu, Jamshoro and Mirpur Khas.

International Medical Corps successfully implemented a project to rehabilitate and solarize Expanded Program on Immunizations (EPI) centers in flood-affected areas of Sindh province. We rehabilitated 12 EPI centers, providing about 19,500 children per year with uninterrupted immunization services. By solarizing the centers, we ensured the supply of power, mitigated greenhouse gas emissions and reduced our carbon footprint.





[www.InternationalMedicalCorps.org](http://www.InternationalMedicalCorps.org)

A pre-eminent first responder since 1984, International Medical Corps delivers emergency medical and related services to those affected by conflict, disaster and disease, no matter where they are, no matter what the conditions. We also train people in their communities, providing them with the skills they need to recover, chart their own path to self-reliance and become effective first responders themselves.

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