

IMPACT REPORT

2023



Thanks to your generous support,

International Medical Corps is one of the world's premiere first responders. Because of your commitment, last year we reached nearly 16.5 million people affected by armed conflict, natural disasters and disease in some 30 countries. Since our founding in 1984, International Medical Corps has helped tens of millions of people in more than 80 countries. With more than 9,000 staff members worldwide—97% of whom are hired locally—we provide lifesaving healthcare and emergency relief worldwide while training local people to become effective first responders themselves, helping to build self-reliance.

From Relief to Self-Reliance

OUR CORE PROGRAMS



Emergency Response & Preparedness



Women's & Children's Health



Family & Community Health



Nutrition, Food Security & Livelihoods



Water, Sanitation & Hygiene



Mental Health & Psychosocial Support



Health Services Support



TRAINING
Underpins All We Do



FEBRUARY 6



Türkiye/Syria Earthquakes

Massive 7.8- and 7.5-magnitude earthquakes strike Türkiye on its border with Syria, leaving more than 50,000 dead in the two countries and displacing 3.2 million people. We work with local authorities and partners to provide healthcare services via mobile medical units and more.

APRIL 15



Sudan Conflict Begins

Clashes erupt and spread nationwide, killing 9,000 people, injuring thousands and displacing 5.6 million. We expand our programs in Sudan, the Central African Republic (CAR), Chad, Ethiopia and South Sudan to meet humanitarian needs.

JUNE 6



Ukraine Dam Breach

A breach of the Kakhovka Dam leads to massive flooding and loss of water supply, displacing thousands of families and affecting hundreds of thousands. We deliver water, hygiene kits and other essentials to those in need.

SEPTEMBER 8



Morocco Earthquake

A 6.8-magnitude earthquake strikes central Morocco, killing 3,000 people, injuring 5,500 and displacing 500,000. We partner with local organizations to distribute supplies and to provide healthcare services via mobile medical units.

AUGUST 26

Hurricane Idalia in Florida

OCTOBER >>> ----- >>> DECEMBER

El Niño Fuels Flooding in Somalia

El Niño-caused flooding engulfs farmland and destroys critical infrastructure, affecting 2.4 million people and displacing 1.5 million. We distribute hygiene kits to communities, provide delivery kits to pregnant women, rehabilitate water systems, provide nutrition services and more.



FEBRUARY 24

One Year Since the Invasion of Ukraine

MARCH 31



Central USA Tornadoes



JUNE 15

Cyclone Biparjoy in Pakistan



SEPTEMBER 10

Libya Floods

Storm Daniel causes two dams upstream from the coastal city of Derna to collapse, leading to catastrophic flooding that kills 4,300 people and displaces 40,000. Our teams respond immediately, providing medical care through fixed facilities and mobile units, and launching a mental health helpline.



OCTOBER 7



Crisis in Israel and Gaza Begins

To learn more, see page 6 ▶

OCTOBER 7 >>> 15

Afghanistan Earthquakes

Three 6.3-magnitude earthquakes hit the country, killing almost 1,400, injuring more than 1,850 and displacing thousands. Our in-country teams deliver winterization kits and train 150 counselors to provide psychological first aid to affected communities.



MARCH >>> ----- >>> MAY

Sixth Consecutive Failed Rainy Season in the Horn of Africa

To learn more, see page 8 ▶



EMERGENCY RESPONSE

Israel & Gaza Crisis

“

We're committed to providing lifesaving trauma care in Gaza to civilians caught in this tragic conflict.”

Dr. Javed Ali
Senior Director of
Emergency Response

OUR RESPONSE: ISRAEL

In Israel, International Medical Corps is supporting JDC, one of our long-time partners, in its emergency response and recovery efforts to help those who have been hardest-hit, including vulnerable younger, disabled and older citizens. JDC is deploying long-term healthcare services, providing specialized trauma rehabilitation and developing community-based mental health initiatives for those affected, as well as leading training for frontline responders and medical staff.

OUR RESPONSE: GAZA

In Gaza, we have deployed a sizable emergency field hospital in the south to treat the most vulnerable. Hundreds of our heroic staff are treating thousands of civilians every week, providing inpatient and emergency services around the clock, seven days a week, and essential outpatient services during daylight hours. We're providing surgical care for trauma, physical rehabilitation, comprehensive emergency obstetric and newborn care, protection and advanced mental health care, and water, sanitation and hygiene services.

With close to 150 beds, our field hospital includes an intensive-care unit, operating theaters and a fully stocked pharmacy. Our site includes a physiotherapy rehabilitation clinic and space to accommodate protection services for women and girls. It also includes ancillary services, such as a laboratory, ultrasound machines, blood-transfusion services and a blood bank. International Medical Corps also coordinates with other facilities in Gaza for patient referrals, ensuring continuity of care wherever possible.



GAZA

FROM THE FRONT LINES

Eleven-year-old Islam lost his cousins when his house in Gaza City was destroyed. Trapped under the rubble for four hours before being rescued, he was badly injured, and his right leg had to be amputated. After the surgery, rescue workers evacuated him and his mother to the south.

Once they reached the south, Islam's mother took him to International Medical Corps' field hospital outside Rafah for additional treatment. Our Child Protection Case Manager, Mahmoud Abu Sultan, identified signs of post-traumatic stress disorder in Islam, including bedwetting and nightmares. "Islam experienced rapid heartbeats, and he cried constantly, mourning his cousins," said Mahmoud. He also struggled to connect with other children his age at the refugee tent in Rafah where he has been staying with his mother.

Though Islam was initially withdrawn and refused to interact, Mahmoud offered him psychological and therapeutic support, along with individual and group counseling sessions, which helped Islam to gradually

open up and interact with other children. He is undergoing treatment and is recovering well. We also provided him with crutches to help him walk and recover.

"My son feels healthy and safe at the field hospital," said Islam's mother. "I am grateful for International Medical Corps' support. I'm happy with his daily progress."



GAZA



EMERGENCY RESPONSE

Historic Drought & Hunger Crisis



Working with health providers, we're helping communities become more resilient to climate change, especially those already suffering from conflict, drought and food insecurity."

Ann Canavan
Senior Director of Quality Assurance, Research and Innovation

After three years of drought—six consecutive failed rainy seasons—countries in the Horn of Africa and the Middle East are experiencing overlapping challenges, including ongoing conflicts, water shortages and hunger crises.

Rapid-onset disasters often lead to poor nutrition for vulnerable groups like young children and breastfeeding women, while slow-moving disasters such as persistent droughts can increase the risk of famine. Conflict is also a significant driver of malnutrition, with 70% of people in need living in areas overwhelmed by violence.

In the midst of these challenges, International Medical Corps provides essential healthcare, nutrition, and water, sanitation and hygiene services in countries that need it most, including Ethiopia, Somalia and Yemen—countries that sit at the intersection of conflict and climate change.

Last year alone, we helped more than 4.2 million people in these countries with vital services and programs. Over the past three

years, International Medical Corps has provided nutrition assistance to more than 800,000 people each year across Ethiopia, Somalia and Yemen, and delivered nearly 170 million liters of water to those in need.



FROM THE FRONT LINES

Three-year-old Burtukan Aderajew comes from a family of pastoral farmers. When conflict erupted in 2020, their livelihood was severely affected. Because of the conflict, their father had to leave their mother to care for seven children on her own for long periods of time.

When Burtukan began showing signs of malnutrition, her brother risked his life to bring her to an International Medical Corps-supported hospital in Shire, Ethiopia. After swimming across the Tekeze River, they traveled four days on foot to reach Suhul General Hospital.

By the time the pair reached the hospital, Burtukan's condition was severe—her face and body were swollen to the point that it was difficult for her to even open her eyes. She was immediately admitted to the hospital's nutrition stabilization center, where an International Medical Corps team treated her over an eight-day period for severe acute malnutrition. Once the swelling subsided, the team referred her to an outpatient therapeutic feeding program, where she continued to receive treatment until she recovered.

Thankfully, her father was able to join her and her brother at the hospital and—because International Medical Corps provides meals for caregivers during their stay as part of the treatment program—stay with Burtukan during her recovery. "International Medical Corps really saved my child's life," he said. "Thank you."



Training

Training is the foundation of our work, strengthening communities, building self-reliance and making the more than \$4.4 billion in humanitarian assistance we have delivered in 80 countries since 1984 more valuable and sustainable.



Ukraine

Currently, 9 million people in Ukraine are living with non-communicable diseases (NCDs)—including 2 million people with diabetes—and nearly one-third of the population lives with high blood pressure. Many residents who lived in areas affected by conflict did not receive sufficient medical care, and doctors who are treating patients in newly liberated areas are facing a rise in heart attacks and strokes caused by NCDs.

In response, International Medical Corps has partnered with the Family Doctor's Association of Southern Ukraine and professors from the Odesa National Medical University to conduct training for family doctors and general practitioners in Kherson and Mykolaiv to help them address NCDs in their practice. The training sessions covered such topics as hypertension, diabetes, high cholesterol, the effects of obesity, beneficial lifestyle changes and how to improve nutrition.

In addition, International Medical Corps has continued to partner with the Harvard Humanitarian Initiative to provide trauma-care training to Ukrainian nurses, doctors and other first responders. Last year, universities across Ukraine sent faculty to our training courses, helping to strengthen their skills and learning how to teach the courses themselves—ensuring that first responders in Ukraine are better prepared to handle trauma and emergency care in their own communities.



Egypt, Jordan and the West Bank

We provided training in Jordan and Egypt to prepare our staff members to deploy with our field hospital in Gaza, and help medical professionals to treat trauma victims from Gaza seeking refuge in Egypt. We also trained International Medical Corps staff and Palestinian health workers to become instructors, and provided training in the West Bank for health workers who are treating an increasing number of trauma patients there.



“When conflict strikes, the number of trauma victims often exceeds the capacity of the existing health system, and the need for trauma care is critical. By training frontline health workers in trauma care, including neurotrauma and mass casualty management, we provide them with the tools they need to save lives.” –Dr. Jill John-Kall, Senior Health Advisor



Somalia

In Somalia, armed conflict and attacks on groups of civilians are far too common. After such mass-casualty events, hospitals can be overrun with patients—and chaos. To address this, the World Health Organization developed mass-casualty management (MCM) standards and a training course for hospital emergency units. In addition, it developed a Basic Emergency Care (BEC) course for health workers who are challenged by the need to provide lifesaving care with limited resources. In October, International Medical Corps provided BEC and MCM training to health workers and helped hospitals create MCM plans, enabling them to be ready for the next emergency.

In the Spotlight



Country Director Wafaa Sadek shared the devastation experienced in Syria after the massive earthquake and how our team responded.



As the war in Ukraine entered its second year, Country Director Matthew Stearns emphasized the continuing humanitarian needs in the country.



After hurricanes hit the US, Senior Advisor Dr. John Roberts explained how excess mortality data accurately measures the effects of disasters.



Country Director Talal Burnaz shared his experience in Derna, Libya, providing humanitarian assistance after catastrophic flooding devastated the area.

Where We Work

Afghanistan Cameroon Central African Republic Chad Democratic Republic of the Congo
Ethiopia Gaza India Iraq Japan Jordan Lebanon Libya Mali Morocco Nigeria
Pakistan Philippines Poland Somalia South Sudan Sudan Syria Türkiye Ukraine
USA & Territories Venezuela Yemen Zimbabwe

\$1

EQUALS

\$30

Every unrestricted dollar you contribute can unlock up to an additional \$30 in grants, donated medicines and supplies.

88%

GOES TO
PROGRAMS

88% of every dollar donated directly supports programs.

\$4.4

BILLION

We've delivered a total of \$4.4 billion in lifesaving healthcare services and training to millions of people globally.

40

YEARS

Since 1984, we've worked to save and change lives around the world, operating in difficult and often dangerous conditions.



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