

# Pakistan

**International Medical Corps has worked in Pakistan since 1985, when we began training young Afghan refugees to return to their home communities inside Afghanistan and provide basic healthcare in places that medical professionals had fled following the 1979 Soviet invasion.**

In 1999, we extended our training to the Afghan refugee population living in what was then Pakistan's northwest frontier, an area since renamed Khyber Pakhtunkhwa. When a massive earthquake struck the region in 2005, claiming more than 70,000 lives, our medical response teams were on the scene, treating survivors within 12 hours.



**Before the 2005 earthquake, our Pakistan team focused on two major initiatives: strengthening the national healthcare system, and providing primary and secondary healthcare services to the growing Afghan refugee population in Khyber Pakhtunkhwa province.**

Immediately following the 2005 quake, we dispatched medical and relief teams to remote, barely accessible locations to provide emergency medical care. We then established basic health units to meet the long-term needs of affected communities.

Our teams have provided water, sanitation and hygiene (WASH) services, nutrition support and mental health services to those displaced by fighting during a 2008–09 refugee crisis, the devastating floods of 2010 and 2011, the earthquake in 2014, COVID-19 pandemic response from 2020–22 and the record-breaking monsoon floods in 2022.



## EVERY DISASTER

International Medical Corps has responded to every major disaster in Pakistan since 2005, including:

- ▶ **2005:** The devastating earthquake in northern Pakistan
- ▶ **2008:** Baluchistan earthquake
- ▶ **2008–14:** Massive civilian displacement due to militant activities in Khyber Pakhtunkhwa and the Federally Administered Tribal Areas
- ▶ **2010–2012:** Monsoon floods in Khyber Pakhtunkhwa, Punjab and Sindh
- ▶ **2015:** Earthquake in northern Khyber Pakhtunkhwa
- ▶ **2020–22:** COVID-19 pandemic
- ▶ **2022:** Monsoons flood in Khyber Pakhtunkhwa and Sindh



## 1.53 MILLION PEOPLE

have directly benefited from International Medical Corps' programming in Pakistan since 2005.





**Today, International Medical Corps works in several districts of Khyber Pakhtunkhwa province, providing the following services for Afghan refugees and vulnerable Pakistanis:**

- ▶ mental health and psychosocial support (MHPSS);
- ▶ gender-based violence (GBV) prevention and assistance services;
- ▶ community education and awareness-raising;
- ▶ capacity-strengthening of healthcare providers;
- ▶ primary healthcare and essential medicines, equipment and supplies; and
- ▶ WASH-related health and hygiene services.

**In 2022, our teams in Pakistan provided services to 262,865 people, including:**

- ▶ awareness-raising sessions on GBV, MHPSS, health and hygiene-related topics;
- ▶ MHPSS consultations;
- ▶ GBV case management;
- ▶ COVID-19 and GBV prevention and response training; and
- ▶ training in psychological first aid (PFA) and mental health case management—including the World Health Organization (WHO) Mental Health Gap Action Programme (mhGAP)—and WASH-related interventions.

We also provided primary healthcare, including maternal healthcare, and essential medicine, equipment and supplies to more than 185,976 people from flood-affected communities in the Charsadda district of Khyber Pakhtunkhwa province and the Jamshoro, Dadu and Mirpur Khas districts of Sindh province. We provided more than 4,194 clean delivery kits to pregnant women in their third trimester.

In addition, International Medical Corps provided 1,018 dignity kits to women and girls both in Sindh and Khyber Pakhtunkhwa provinces. We also distributed 1,196 hygiene kits and 7,041 long-lasting insecticidal nets to support the flood-affected individuals in Sindh, and sensitized 93,316 individuals through awareness-raising sessions on health and hygiene.

Working with local partner AWARE, International Medical Corps implemented WASH activities in Sindh province, providing 8,664,259 liters of clean water to 14,738 beneficiaries through water trucking and 701,644 liters of water to 2065 beneficiaries through our solar powered mobile reverse osmosis plant. In addition, our teams constructed 163 latrines, and distributed 600 hygiene kits and 15,000 aqua tabs. We also installed two ultrafiltration hand pumps in Mirpur Khas and Dadu districts, and distributed 910 jerry cans, reaching 4,179 beneficiaries.



**In 2022, in response to the COVID-19 pandemic, we supported Khyber Pakhtunkhwa government efforts to vaccinate more than 140,200 people and raise awareness among more than 85,500 people.**





[www.InternationalMedicalCorps.org](http://www.InternationalMedicalCorps.org)

A pre-eminent first responder since 1984, International Medical Corps delivers emergency medical and related services to those affected by conflict, disaster and disease, no matter where they are, no matter what the conditions. We also train people in their communities, providing them with the skills they need to recover, chart their own path to self-reliance and become effective first responders themselves.

July 2023

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