Russian forces have continued to conduct missile and drone attacks against Ukrainian infrastructure and other targets across the country, as part of a campaign that began in October 2022. Though there was a lull in attacks between March 9 and late April, Russian forces renewed their strategy on April 28, launching attacks in five oblasts during the late evening and early hours, mainly using drones interspersed with rockets and missiles. The attacks have continued into May, affecting civilian and healthcare sites as well as other targets. As of May 14, the Office of the UN High Commissioner for Human Rights (OHCHR) recorded 23,821 civilian casualties in the country, with 8,836 killed and 14,985 injured. Humanitarian needs remain high throughout the country.
OUR IMPACT

6 million+ people benefitting from improved access to health supplies and services

- 340 primary and secondary health centers supported
- 5,086,125 non-food items (NFIs) distributed
- 777,794 liters of drinking water distributed
- 1,518,182 primary outpatient health consultations delivered
- 8,789 individual mental health and psychosocial support (MHPSS) consultations delivered
- 25,437 people reached with direct infant and young-child feeding (IYCF) services
- 14,934 people reached with the gender-based violence (GBV) prevention and response services
- 20,462 people reached with multi-purpose cash assistance (MPCA) and cash for winterization
Our response efforts throughout Ukraine are tailored to each region’s needs. In regained and post-conflict zones, International Medical Corps provides a full range of services, including health, MHPSS, protection, GBV prevention and response, nutrition, food security, NFIs, MPCA, and water, sanitation and hygiene (WASH). We also provide health facilities with durable medical equipment and supplies, including vehicles, to help restore and continue healthcare services. International Medical Corps works with local non-governmental organizations and local authorities to build resilience and increase the reach of our interventions.

In active conflict zones, International Medical Corps has adopted a dynamic programming strategy focusing largely on critical lifesaving operations, which includes supporting frontline hospitals with essential medicines, medical equipment and supplies, and distributing food, NFIs, and water to impacted communities. In areas under threat of attack, we focus on the needs of internally displaced persons (IDPs), with an integrated approach that includes MHPSS, WASH, food, MPCA, and NFIs. We also help health facilities prepare for and become more resistant to potential attacks and mass-casualty events.

In safer regions where IDPs are seeking refuge from fighting, International Medical Corps continues to deliver comprehensive, integrated programs to help IDPs directly, to reduce social tension between host communities and IDPs, and to promote overall social cohesion. We also helped health facilities and shelters survive this past winter by providing repairs and heating supplies.

In Poland, International Medical Corps is prioritizing on the needs of Ukrainian refugees, providing both services and training in the areas of health, MHPSS, and GBV.
Health

• During March and April, we provided **397,671** medical consultations through 91 primary healthcare facilities (80 ambulatories and 11 mobile medical units, or MMUs). Since February 2022, we have provided about **1.5 million** consultations.

• During March and April, we supported **25,540 inpatients** through 21 hospitals, and have supported **131,532 inpatients** since February 2022.

• During March and April, we provided **126 health facilities** (including 11 MMUs, 92 ambulatories and 23 hospitals) with donations of medical commodities, and have supported **235 healthcare facilities and 10 organizations** since February 2022.

• During March and April, our teams assessed **99 new health facilities** in nine oblasts.

• Since February 2022, we have donated **11 cars and five ambulances** to hospitals in Chernihiv, Kharkiv and Kyiv.
Training

Our Response: Ukraine

Training

- International Medical Corps, in partnership with the Harvard Humanitarian Initiative (HHI), continued to conduct trauma-management training courses for medical and non-medical staff throughout Ukraine.

- March and April, the Training team conducted 45 trauma-management training courses (23 sessions in March and 22 in April) in Izmail, Kyiv, Mykolaiv and Odesa.

- During this period, the team of instructors from HHI, together with national instructors, trained 1,308 people (463 men, 845 women). Doctors of various specialties, nurses, paramedics and representatives of emergency and rescue services took part in the training sessions.

- All participants of the "Stop the Bleed" (StB) training received emergency kits with tourniquets after graduation—506 kits (254 in March and 252 in April) were handed out.

- Since we began the program, the Training team has conducted 157 training courses that have been attended by 4,540 people (1,467 men, 3,073 women).

- In total, 2,368 people have received StB kits.
During March and April, International Medical Corps reached 31,575 people (17,525 female, 13,510 male) with 21,659 hygiene kits and 89,081 liters of bottled water. Distribution of hygiene kits include infection prevention and control kits for healthcare facilities, and personal kits for IDPs and members of host communities. We distributed kits in Chernihiv, Donetsk, Kharkiv, Kherson, Kyiv, Lviv, Mykolaiv, Odesa and Vinnytsia oblasts, and distributed bottled water in areas close to the frontlines.

In addition, we delivered 400 shopping trolleys (kravchuchkas) to Muzykivka, in Kherson oblast, providing them to beneficiaries of GBV, MHPSS and nutrition programs, working closely with those teams.

Other activities by the WASH team in March and April included the following.

• We procured and delivered toolkits for operation and maintenance of water supply and sewage systems.
• We completed minor rehabilitation works (two in Dnipro, two in Kyiv, and one each in Odesa and Stryi).
• We completed refurbishment of communal shower rooms in an IDP center in Stryi.
• We have resumed construction work at the blood bank in Kharkiv, and have connected the generators to the distribution boxes at the Perinatal Center.
• We continue to work on the rehabilitation of bomb shelters in Odesa, at Maternity Hospital #5 and the Regional Clinical Hospital.
Mental Health and Psychosocial Support (MHPSS)

International Medical Corps is strongly involved in mental health coordination mechanisms at the national, regional and local level. We continue to expand our work around the Mental Health Gap Action Programme (mhGAP), per the national operational roadmap, in April conducting one training session in Kyiv oblast, one in Lviv oblast and two in Chernihiv.

We conducted Self-Help Plus (SH+) training for social workers in Chernihiv oblast, where few MHPSS actors are operating although the region is still under regular shelling. We also conducted an SH+ training session in Stryi for school psychologists to build their capacity to support students experiencing stress, and for community social workers in Izyum, Kapitolivka and Oskil.

We are conducting ongoing psychosocial support (PSS) activities for groups and individuals in the Chernihiv, Kyiv and Lviv regions for children, adults and the elderly who went through occupation, as well as sessions on active longevity, positive parenting and other relevant topics for IDPs and vulnerable members of host communities.

The Kharkiv team provided psychological consultations at primary healthcare centers and an MMU for people with mild to moderate mental health conditions, delivering services to hard-to-reach communities. We also conducted an active-longevity program for residents of a nursing home in Izyum, as well as an art-based activity for 50 teachers and staff at Izyum Lyceum.

As a part of our strategy to support frontline health providers, the MHPSS team distributed IT equipment, furniture, office supplies and bikes to the Izyum and Oskil Social Protection Department, to strengthen its capacity to provide better care for vulnerable people.

In Stryi, the team provided psychological consultations to affected host communities and IDPs who are experiencing mild to moderate mental health conditions. The team also conducted consultations in the youth center, and held a positive-parenting program at an International Medical Corps Mother Baby Space (MBS).
During March, International Medical Corps reached 1,740 people (1,345 females, 395 males) with GBV outreach and awareness-raising sessions and recreational PSS activities in Chernivtsi, Kyiv, Mykolaiv, Odesa and Stryi. In Odesa, we initiated sex-segregated awareness-raising sessions with students aged 16 and up, after approval of the tailored curriculum by the Department of Education and Science.

We reached 652 women through women's rights organization (WROs) with GBV response services, including case management and cash assistance, and 109 people (105 females, four males) in Kharkiv, Kyiv, Odesa and Stryi through GBV Core Concepts and GBV Minimum Standards training. International Medical Corps also facilitated a five-day GBV Case Management training session in Kharkiv oblast for 30 staff members and local stakeholders.

During April, International Medical Corps directly reached 1,217 people (947 females, 264 males) with GBV outreach awareness-raising sessions and recreational PSS activities in Kyiv, Odesa and Stryi. We have continued to provide GBV services to women and girls through our Women’s and Girls’ Safe Spaces (WGSSs) in Irpin. In addition, we reached 95 women through WRO partners with GBV response services, including case management and cash assistance.
During March and April, International Medical Corps continued providing IYCF services in Ivano-Frankivsk, Kyiv, Lviv, Mykolaiv and Odesa, in addition to a new location in Vinnystia. Services there are based in Vinnystia Pediatrics Regional Hospital, where we also launched an MBS.

We have reached 98,331 people in Kyiv through radio messages about IYCF. We also have reached 7,345 children aged 0–59 months (3,571 girls, 3,774 boys) directly with specific IYCF interventions. Support included providing mothers and caregivers with individual IYCF counseling, based on needs following an assessment of each child. In addition, we provided 1,180 children aged 6–23 months with complementary food kits (vegetables, fruits, meat and fortified cereals).

We reached 1,121 pregnant women at maternity hospitals and at MBSs, where nutrition staff organized small group discussion with pregnant women. During this month, we discussed the benefits of initiating breastfeeding within the first hour of the birth and exclusively breastfeeding until the baby is six months of age, and appropriate nutrition during pregnancy.

We provided messages on IYCF nutrition to 11,860 people (9,394 women, 2,466 men) at IYCF group sessions at health facilities, MBSs and at community centers, with the goal of promoting optimal breastfeeding and complementary feeding practices.

We also conducted IYCF in Emergencies training for 21 health workers (20 females, 1 male) in Pervomaisk district, Mykolaiv oblast, with the goal of equipping health workers with knowledge and practical skills they need to educate others about the benefits of IYCF during emergencies, breastfeeding, etc.
In March and April, International Medical Corps took part in a rapid-response initiative to provide cash assistance to victims of Russian shelling of a residential communities around Zaporizhzhia city. Our mobile team of enumerators and cash staff registered 120 families for cash assistance.

Working closely with the Ministry of Social Protection, the team also provided cash for winterization activities to IDPs from recently reclaimed areas in Zaporizhzhia oblast, reaching 963 families who were displaced because their homes were too close to the frontline. The money helped to provide an average-sized family with solid-fuel heating needs for the winter season.
As part of its overall strategy, International Medical Corps’ team in Poland currently is implementing an MHPSS capacity-building project in Warsaw and Krakow, while providing hygiene kits to beneficiaries in multiple locations across Poland.

During March and April, International Medical Corp donated 10,040 hygiene kits to people in Jarosław, Kidałowice, Krakow, Przemyśl, Radymno, Rzesow and Warsaw. These beneficiaries—many of whom belong to families with no means of financial support, or have disabilities—are among the most vulnerable in their communities.
In 2023, International Medical Corps began implementing a project to strengthen the MHPSS response in areas of Poland affected by the war in Ukraine. As part of this project, during March and April, International Medical Corps conducted a training of trainers on Problem Management Plus (PM+) and SH+, evidence-based psychological interventions developed by the World Health Organization.

We conducted these training sessions in Warsaw, where 56 participants (psychologists and psychiatrists, as well as non-MHPSS specialists) attended. Following the training, participants will conduct their own training sessions to PSS staff across Poland on PM+ while receiving ongoing supervision from International Medical Corps MHPSS staff.
### OUR RESPONSE IN NUMBERS (UKRAINE)

6,872,456 beneficiaries reached with supplies, equipment and services

<table>
<thead>
<tr>
<th>HEALTH</th>
<th>MENTAL HEALTH AND PSYCHOSOCIAL SUPPORT (MHPSS)</th>
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<tbody>
<tr>
<td>340 health facilities provided with medicines, medical equipment and supplies</td>
<td>8,789 MHPSS individual consultations provided with the unique beneficiaries (2,939 women, 790 men)</td>
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<tr>
<td>4,833 people trained in health-related topics (3,354 women, 1,479 men)</td>
<td>3,945 people trained in MHPSS-related topics (3,557 women, 388 men)</td>
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<tr>
<td>1,518,182 outpatient health consultations delivered by supported facilities (874,913 women, 643,176 men)</td>
<td>20,241 people reached through MHPSS sessions (15,546 women, 4,634 men)</td>
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<tr>
<th>WATER, SANITATION AND HYGIENE (WASH)</th>
<th>NUTRITION</th>
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<tbody>
<tr>
<td>777,794 liters of water distributed</td>
<td>214 people trained in nutrition-related topics (205 women, 9 men)</td>
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<tr>
<td>37,236 people received WASH assistance</td>
<td>2,277 pregnant women provided with nutrition-specific interventions</td>
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<tr>
<td>36,728 hygiene NFI kits distributed</td>
<td>15,560 children under 5 years reached with nutrition-specific interventions (7,759 girls, 7,801 boys)</td>
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<td>1,004,146 people received NFI and FI assistance</td>
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<tr>
<th>GENDER-BASED VIOLENCE (GBV)</th>
<th>MULTI-PURPOSE CASH ASSISTANCE (MPCA)</th>
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<tr>
<td>14,934 people reached through GBV interventions (12,753 women, 2,169 men)</td>
<td>20,462 people supported with cash assistance</td>
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<tr>
<td>2,515 people trained in GBV-related topics (2,317 women, 198 men)</td>
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