



OURIMPACT

We have provided

5.8 million people

in Ukraine, Poland and Moldova with critically needed supplies and health services





Supporting 165 health facilities and 27 centers for refugees and internally displaced persons (IDPs)



Delivered more than 490 tons of medicines and medical supplies, including antibiotics and medicines for pediatric patients, noncommunicable diseases, surgery and trauma



Procured and distributed more than **30,000** packages covering health, hygiene, gender-based violence (GBV) and nutrition



Rehabilitated 12 damaged health facilities



Trained **6,245 first responders** on topics including psychological first aid (PFA), trauma care, maternal and child nutrition, and GBV prevention and response



Conducted 726,315 outpatient health consultations



Conducted 3,729 mental health and psychosocial support (MHPSS) consultations



Delivered 280,725 meals to people in newly liberated communities



Distributed 1,839,763 non-food items (NFIs) to conflict-affected and newly liberated communities



Reached 12,918 people with cash assistance

EMERGENCY OVERVIEW

OUR APPROACH

Ensuring continuity of health services—for both displaced and host communities—across Ukraine based on needs, access and security; supporting refugees and enhancing the capacity of local service providers in Poland

IN UKRAINE

Activities have focused on restoring and maintaining access to health services in the most hard-to-reach areas



ACCESSIBLE AREAS

Prioritizing comprehensive, integrated health programs, with a focus on the immediate needs of recently liberated communities; health facilities; water, sanitation and hygiene (WASH) rehabilitation; and support and training for health personnel to deal with possible surges in trauma cases



ACTIVE CONFLICT ZONES

Prioritizing the distribution of essential medicines, medical equipment and supplies to frontline hospitals, as well as food, water and other NFIs to affected communities; and providing MHPSS services



AREAS WITH HIGH RISK OF ESCALATION

Prioritizing comprehensive, integrated health programs focusing on the preparedness and resiliency of health facilities and providing training for health workers on trauma care and related topics

IN POLAND



Providing integrated programs that address the health, MHPSS, protection and WASH needs of Ukrainian refugees and third-country nationals



EMERGENCY OVERVIEW

UKRAINE

International Medical Corps is providing contextspecific programming throughout Ukraine based on identified needs and access, which is dependent on the overarching security situation

NORTHERN REGION:

ACCESSIBLE /
POST-CONFLICT

REGIONAL HUBS

- A Kyiv
- **B** Chernihiv
- Vinnytsia
- Compare the second of the s

EASTERN REGION:

ACTIVE CONFLICT

REGIONAL HUB

Dnipro

SOUTHERN REGION:

HIGH RISK OF CONFLICT ESCALATION

REGIONAL HUB

F Odesa

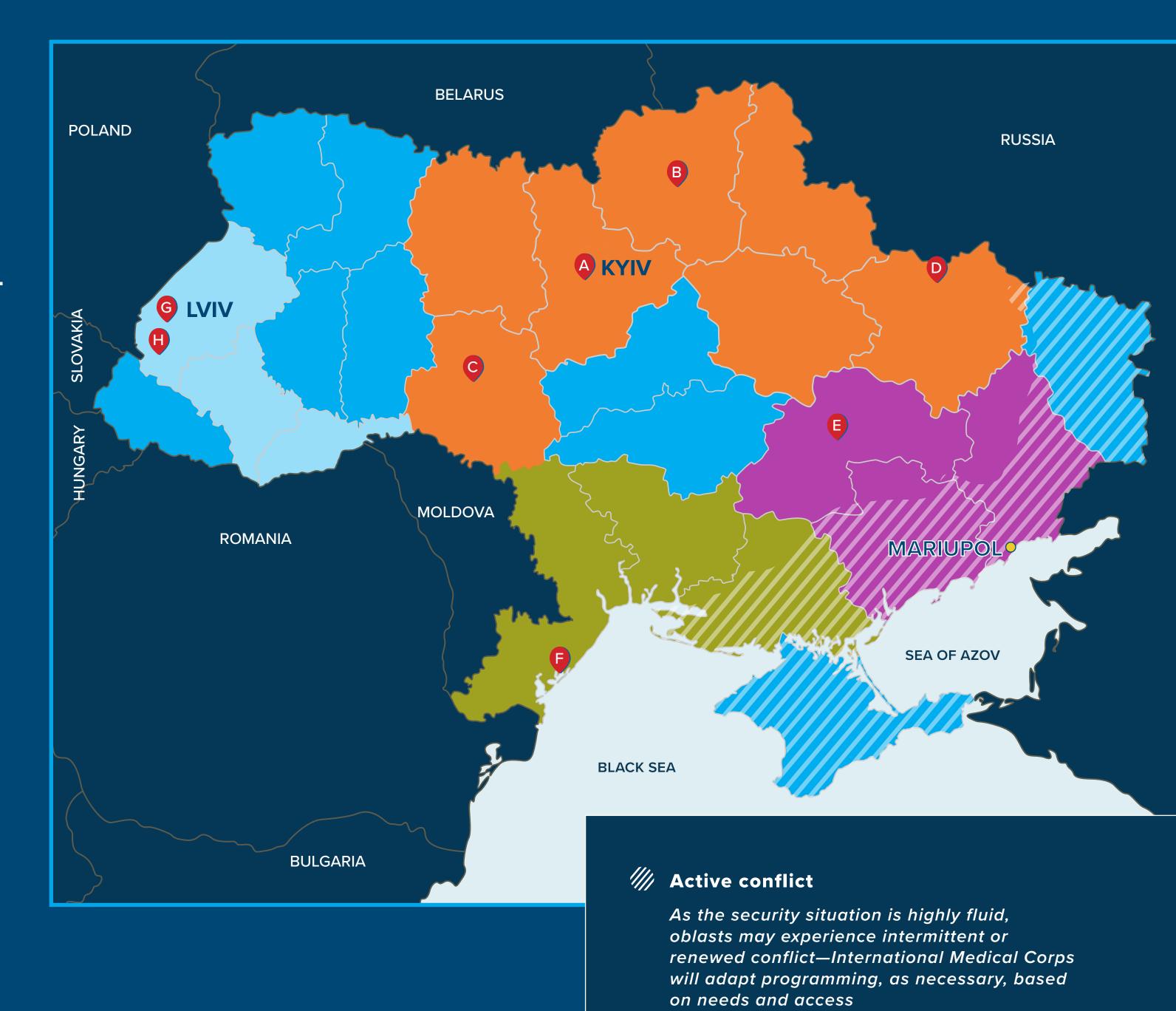
WESTERN REGION:

ACCESSIBLE / NO ACTIVE CONFLICT

REGIONAL HUBS

G Lviv

H Stryi







HEALTH

IN UKRAINE



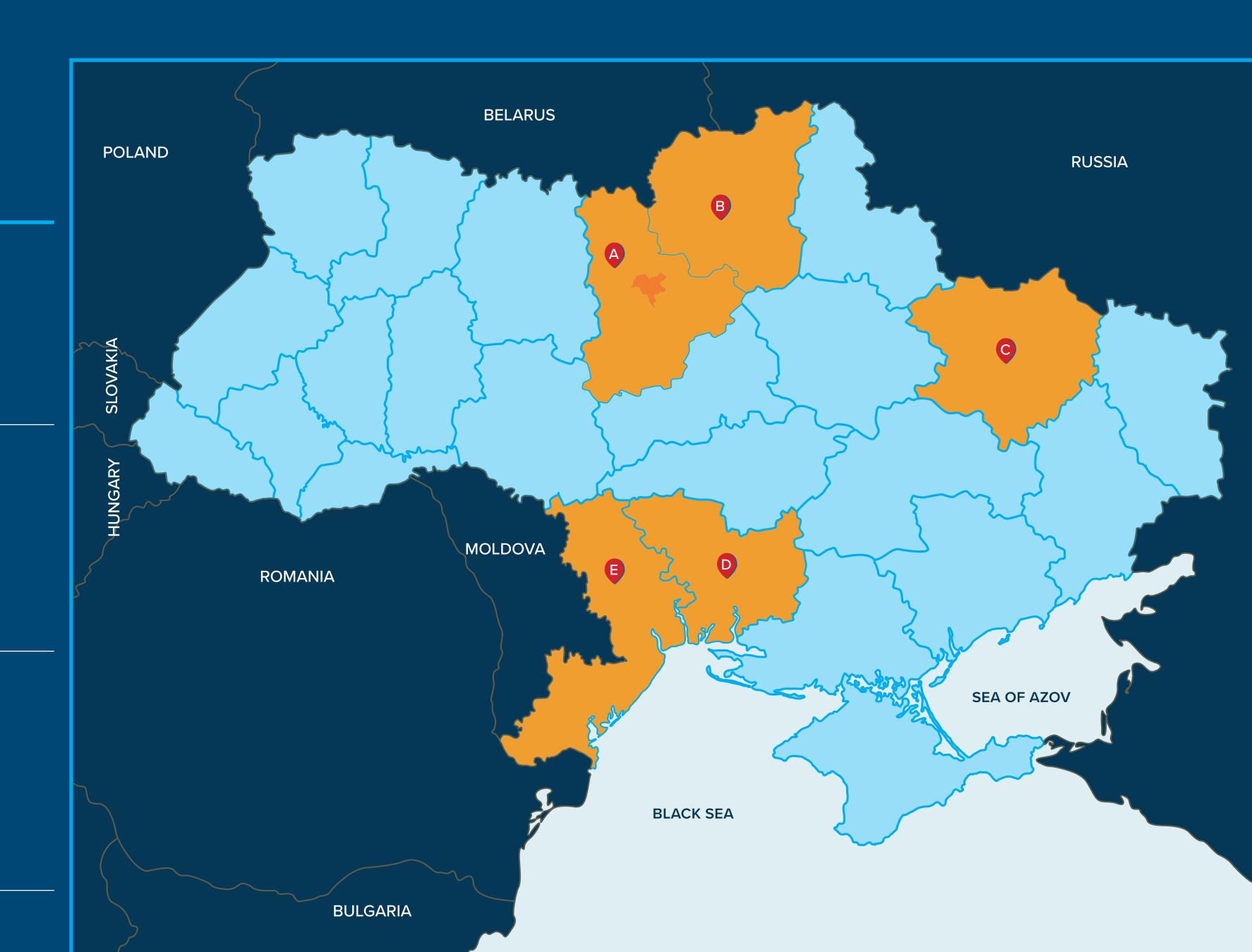
HEALTH SERVICES

- A KYIV
- **B** CHERNIHIV
- **©** KHARKIV
- MYKOLAIV
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HEALTH FACILITY REHABILITATION

- A KYIV
- **B** CHERNIHIV
- **G** KHARKIV
- MYKOLAIV
- **ODESA**



UKRAINE HEALTH SERVICES

Health needs across the country remain high, particularly in conflict-affected and recently liberated areas that have experienced significant levels of devastation and where residents have been without access to health services during months-long periods of occupation by Russian forces



In response, we have:



Reached approximately 2 million people through supported health services

- Provided more than 700,000 outpatient health consultations through 89 supported health facilities in Chernihiv, Kharkiv, Kyiv and Odesa oblasts
- Supported access to more than 70,000 laboratory tests at 26 health facilities in Kyiv, reaching 14,587 people



Procured and distributed 421,957 items of essential medicines, medical equipment and supplies—including personal protective equipment (PPE)—to 160 health facilities across 19 oblasts



Restored access to health services by providing:

- ▶ 11 vehicles to 11 primary healthcare centers in Chernihiv and Kyiv oblasts—enabling health workers to access remote health facilities and conduct house calls for older people and people with disabilities
- Four ambulances to four health facilities in Chernihiv and Kharkiv oblasts that have supported 3,183 patient referrals to facilities providing higher levels of care
- ▶ 110 bicycles to 26 health facilities in Chernihiv oblast, enabling providers to travel to remote health facilities and conduct house calls



Supported 3,030 medical evacuations to hospitals in Dnipro oblast for severely injured patients from the frontlines



HEALTH FACILITY REHABILITATION

Health access has been particularly challenged where health facilities have been damaged or destroyed



In response, we have:



Supported 20 damaged health facilities across Chernihiv, Kharkiv and Kyiv oblasts with minor and major rehabilitation activities, including:

- Bunkerization: rehabilitating and outfitting old basements and bunkers to support the delivery of inpatient services—including intensive care—enabling health facilities to continue delivering lifesaving care during air-raid alerts
- ▶ Hardening: installing blast doors, shatter-resistant film on windows and more, to provide health facilities in frontline locations with an extra level of safety in the event of a direct or nearby attack
- General rehabilitation: repairing roofs and replacing doors and windows damaged by shelling, enabling health facilities to restore their operational capacity and protect health workers and patients from harsh winter conditions
- Winterization: The lack of reliable power due to indiscriminate Russian bomb, drone and missile attacks has made it more difficult for health facilities already struggling to meet the increased needs of conflict-affected communities, forcing them to operate in the dark and rely on generators and flashlights to provide routine and emergency health services; in response we have:
 - Procured and installed 118 generators to support consistent power supply for 100 health facilities in Chernihiv, Donetsk, Kharkiv, Kyiv, Lviv and Vinnytsia oblasts
 - Procured and installed 489 heaters and heating systems at 40 health facilities in Kyiv, Mykolaiv, Odesa, Vinnytsia and Zaporizhzhia oblasts



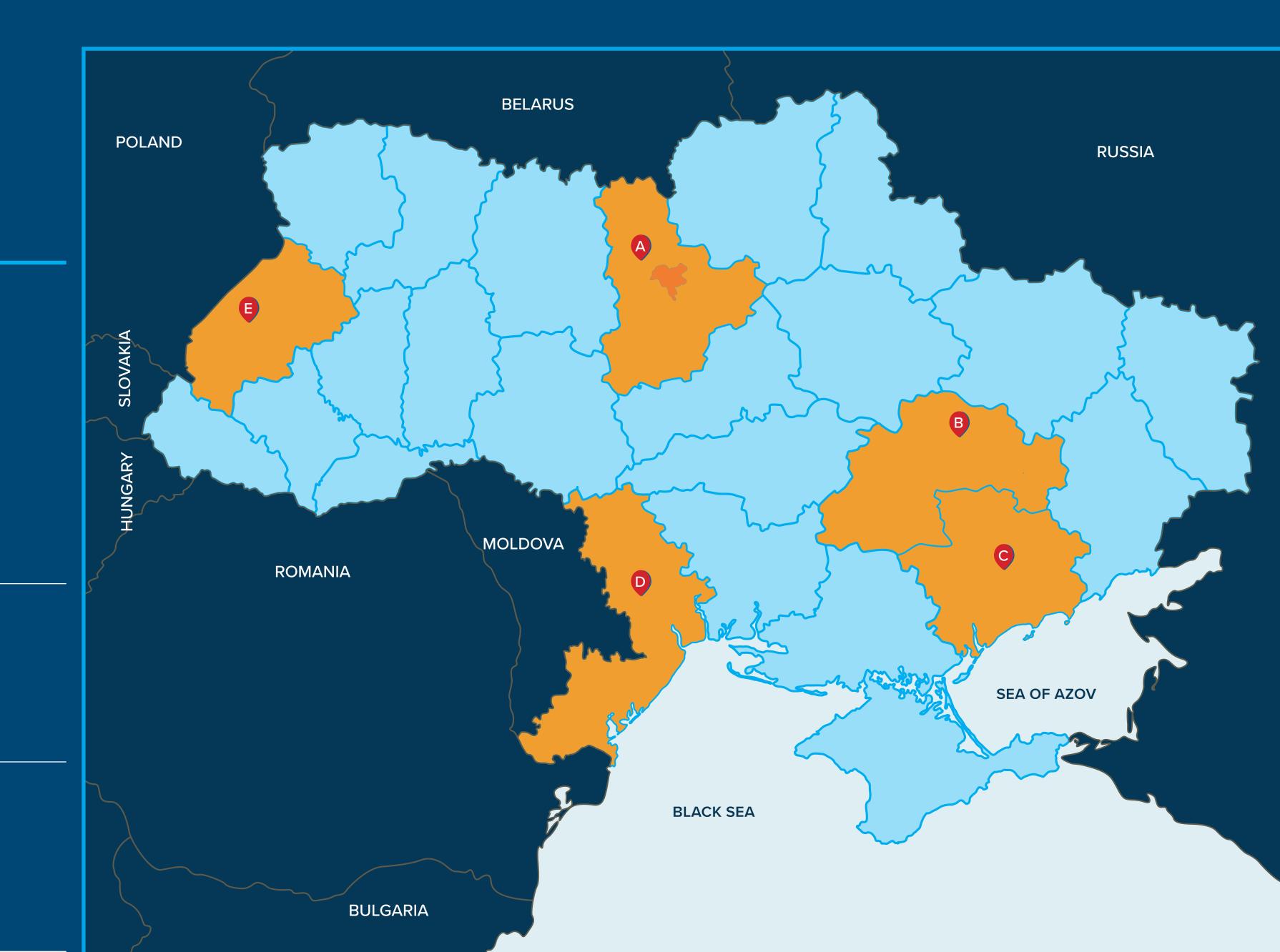
Restored health access to more than 2 million people by procuring and installing a portable medical facility—the Hospitainer—in Kharkiv after the main health facility there was heavily damaged; nearly 14,000 people have received care in the Hospitainer since it became operational in November 2022



TRAUMA CARE RESPONSE TRAINING



- A KYIV
- **B** DNIPRO
- **©** ZAPORIZHZHIA
- ODESA
- **E** LVIV





TRAUMA CARE RESPONSE TRAINING

In partnership with the Harvard Humanitarian Initiative, International Medical Corps developed a comprehensive trauma care and preparedness training program designed for health workers in Ukraine; we have and will continue to deliver training programs over the next six months in the following areas:





Advanced Trauma Life Support: teaches methods for the immediate care of trauma patients



Trauma Nursing Fundamentals: covers the knowledge and critical thinking skills needed to provide high-quality trauma nursing care



Pre-Hospital Trauma Fundamentals: teaches the fundamentals of providing high-quality care to trauma patients in the critical pre-hospital phase



Stop the Bleed®: gives people without medical training the skills and confidence necessary to provide immediate assistance—before professionals have the chance to arrive—to those injured or bleeding



Mass Casualty Management: covers the logistical and other relevant considerations of health facilities in the creation of an effective mass casualty plan



Chemical, Biological, Radiological, Nuclear and Explosives (CBRNE): teaches the knowledge and skills to care for victims of CBRNE attacks in pre-hospital and hospital settings



Administrative Guidance: helps hospital and health system administrators support, incorporate and champion the above training programs



TRAUMA CARE RESPONSE TRAINING

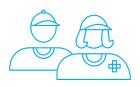




PHASE I

During Phase I, we deployed volunteers from our emergency response roster to train health workers in Ukraine from August to October 2022

- Deployed 91 doctors, nurses, paramedics and non-clinical specialists, some for as long as two months
- Trained 2,046 health workers over 72 sessions
- Conducted 47 training-of-trainer sessions in Pre-Hospital Trauma Fundamentals, CBRNE and Stop the Bleed®



PHASE II

During Phase II, we are deploying volunteers from our emergency response roster, as well as some of the health workers trained during Phase I, to train additional health workers in Ukraine from November 2022 to April 2023

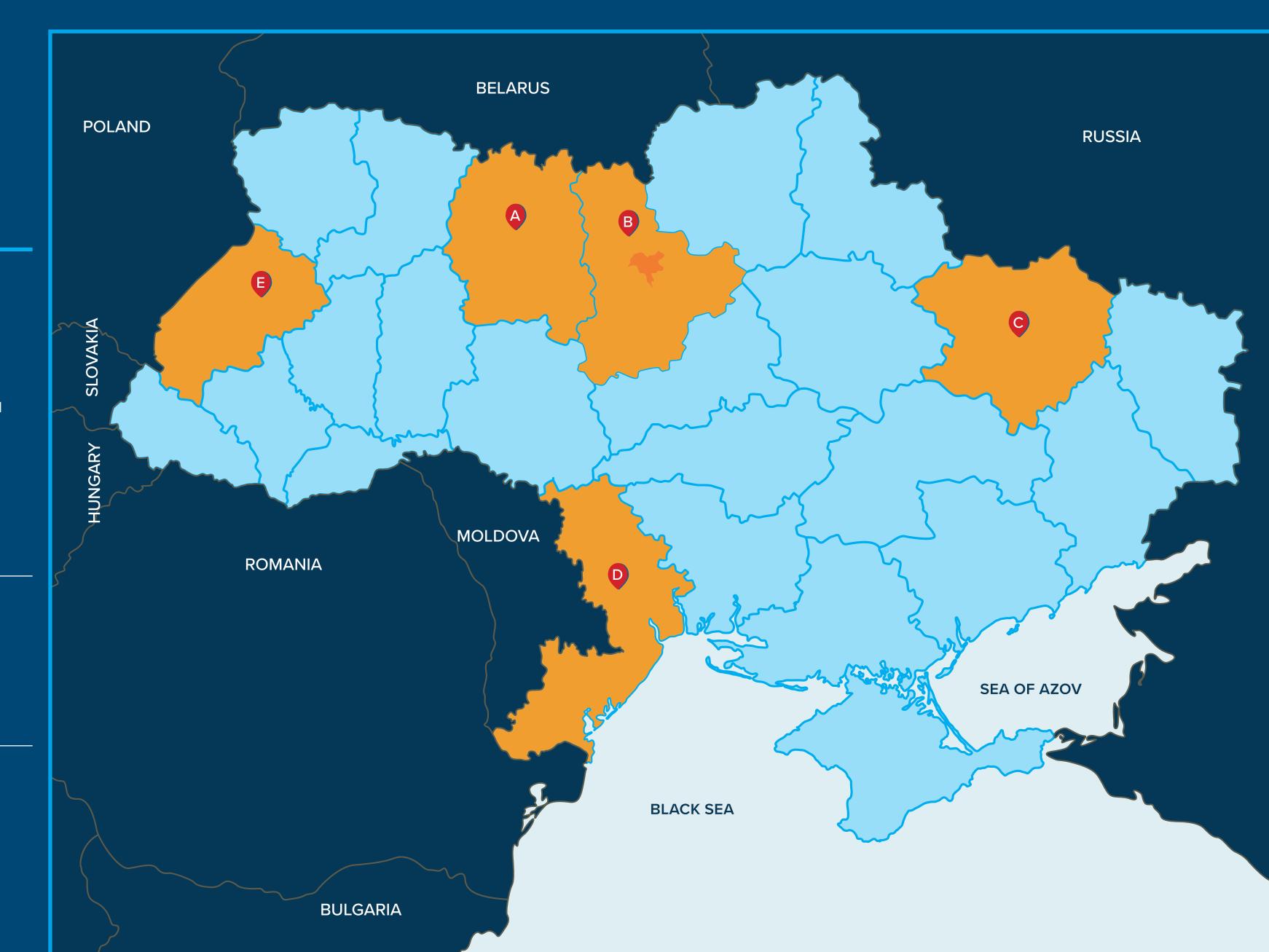
- Seven doctors and nurses deployed to-date
- ▶ 135 health workers trained to-date over eight sessions in Advanced Trauma Life Support, Trauma Nursing Fundamentals and Stop the Bleed®
- Will conduct 74 additional training sessions in all seven areas



MENTAL HEALTH & PSYCHOSOCIAL SUPPORT



- **A** ZHYTOMYR
- **B** KYIV
- **G** KHARKIV
- ODESA
- **E** LVIV





UKRAINE

MENTAL HEALTH & **PSYCHOSOCIAL SUPPORT**

The WHO estimates that one in five people affected by conflict will develop some form of mental health condition—applied to Ukraine, this would mean that 9.6 million people may now be struggling with a mental health condition







The drivers of mental health needs vary by location. In conflictaffected, occupied and recently liberated areas:

- Residents are grappling with the destruction of homes due to shelling, forced displacement, family separations, loss of livelihoods, severe injury and deaths of loved ones
- ▶ The issue of possible collaboration with the Russians has strained and ruptured social cohesion
- Frontline health workers are severely exhausted and facing burnout



In safer areas, an influx of IDPs has put pressure on local resources, straining social cohesion



UKRAINE

MENTAL HEALTH & PSYCHOSOCIAL SUPPORT



In response, we have provided the following MHPSS-related services:



Nearly 1,500 people reached in conflict-affected, occupied and recently liberated areas with MHPSS services, such as PFA, individual counselling and emotional support



Nearly 3,000 health workers and other frontline workers trained on topics including mhGAP, PFA, Self Help+



More than 4,000 IDPs and host community members reached in Kharkiv, Kyiv, Lviv, Odesa and Zhytomyr oblasts through group support sessions designed to ease transitions and facilitate integration



811 children and adolescents reached through youth well-being group activities in the oblasts listed above



Service mapping conducted to facilitate referrals for those needing higher levels of care



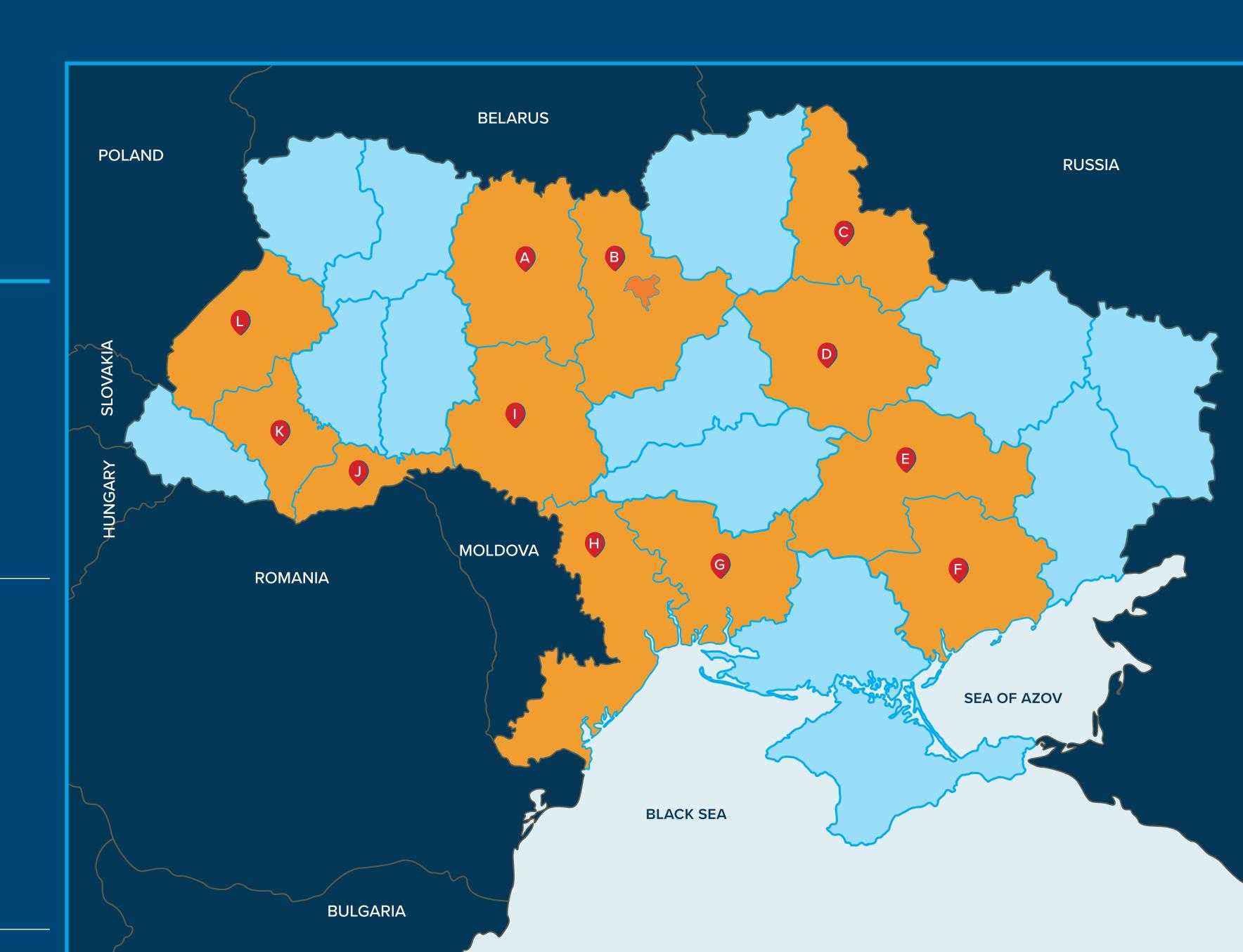
Co-leading MHPSS coordination efforts at the national and regional level—making International Medical Corps one of the leading MHPSS implementation agencies



GENDER-BASED VIOLENCE & PROTECTION



- ZYTOMYR
- **B** KYIV
- **9** SUMY
- POLTOVA
- DNIPRO
- **5** ZAPORIZHZHIA
- **6** MYKOLAIV
- **ODESA**
- **UNNYTSIA**
- **U** CHERNIVTSHI
- **▼** IVANO-FRAKIVSK
- LVIV





GENDER-BASED VIOLENCE & PROTECTION

The war has exacerbated existing GBV and protection needs for women, girls, people with disabilities, ethnic minorities and diverse gender identities



In response, we have:



Reached 6,624 people through GBV-awareness-raising sessions and recreational psychosocial support activities



Conducted multiple workshops and roundtables to map GBV and protection-related services for future referrals, and to train local NGOs on such topics as GBV prevention and response

- Trained 670 people on GBV core concepts, including the causes and consequences
- Trained women's rights organizations (WROs) on GBV case management guidelines
- Launched a Women's Fund and partnered with nine WROs across Ukraine, providing lifesaving programming to women and girls affected by the conflict



Established seven women's and girls' safe spaces (WGSSs) in Dnipro, Kyiv, Lviv, Odesa, Poltava and Zaporizhzhia oblasts



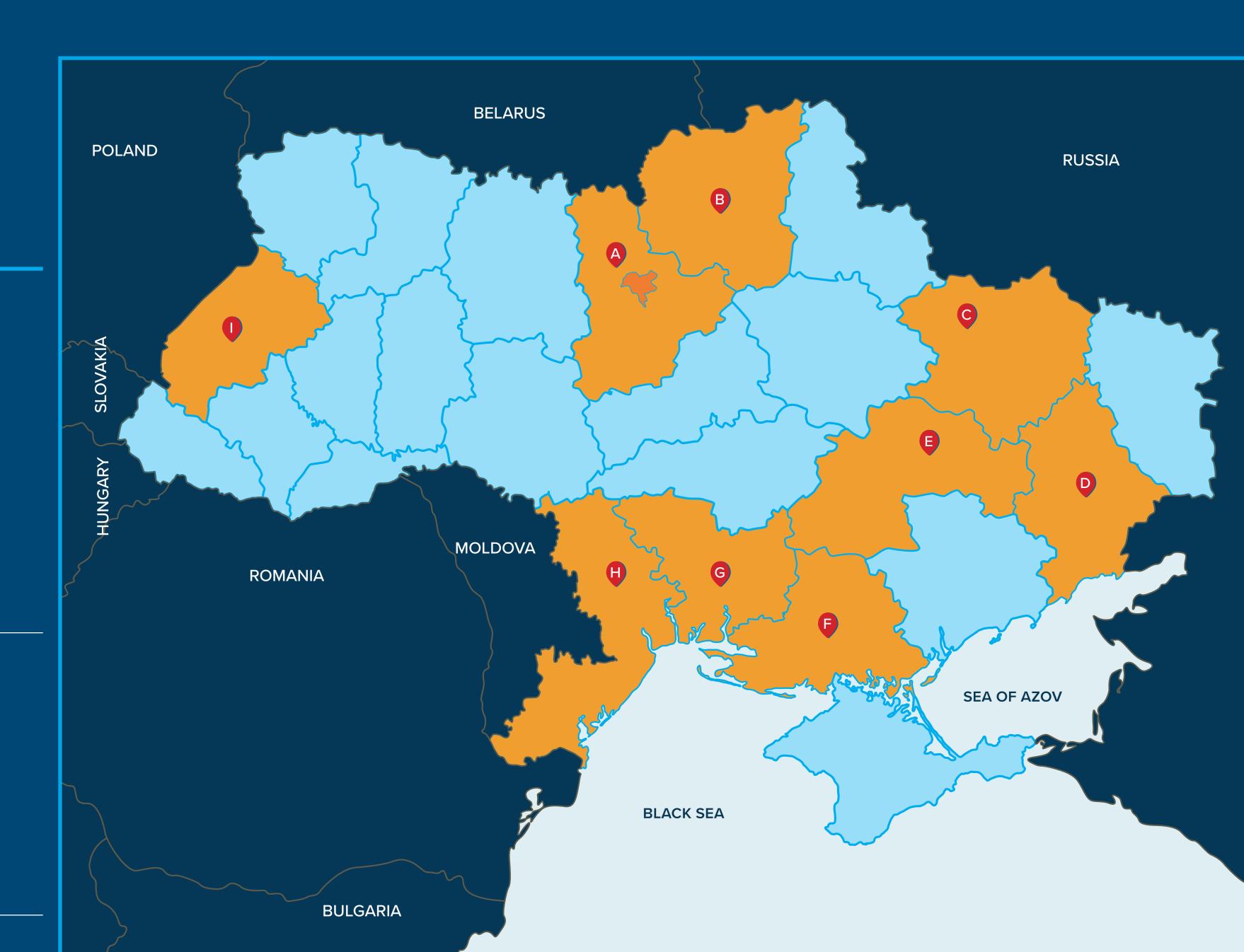
Worked with international, national and local authorities to coordinate protection and GBV activities being implemented by humanitarian actors across the country, to ensure the protection of vulnerable groups



WATER, SANITATION & HYGIENE



- **A** KYIV
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- **©** KHARKIV
- **DONETSK**
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WATER, SANITATION & HYGIENE

Access to safe water sources and solid waste management is critical to the effective operation of health facilities and for populations to maintain good health; however, indiscriminate shelling has destroyed or severely damaged key water and sanitation systems throughout Ukraine, increasing the potential for outbreaks of disease



In response, we have:

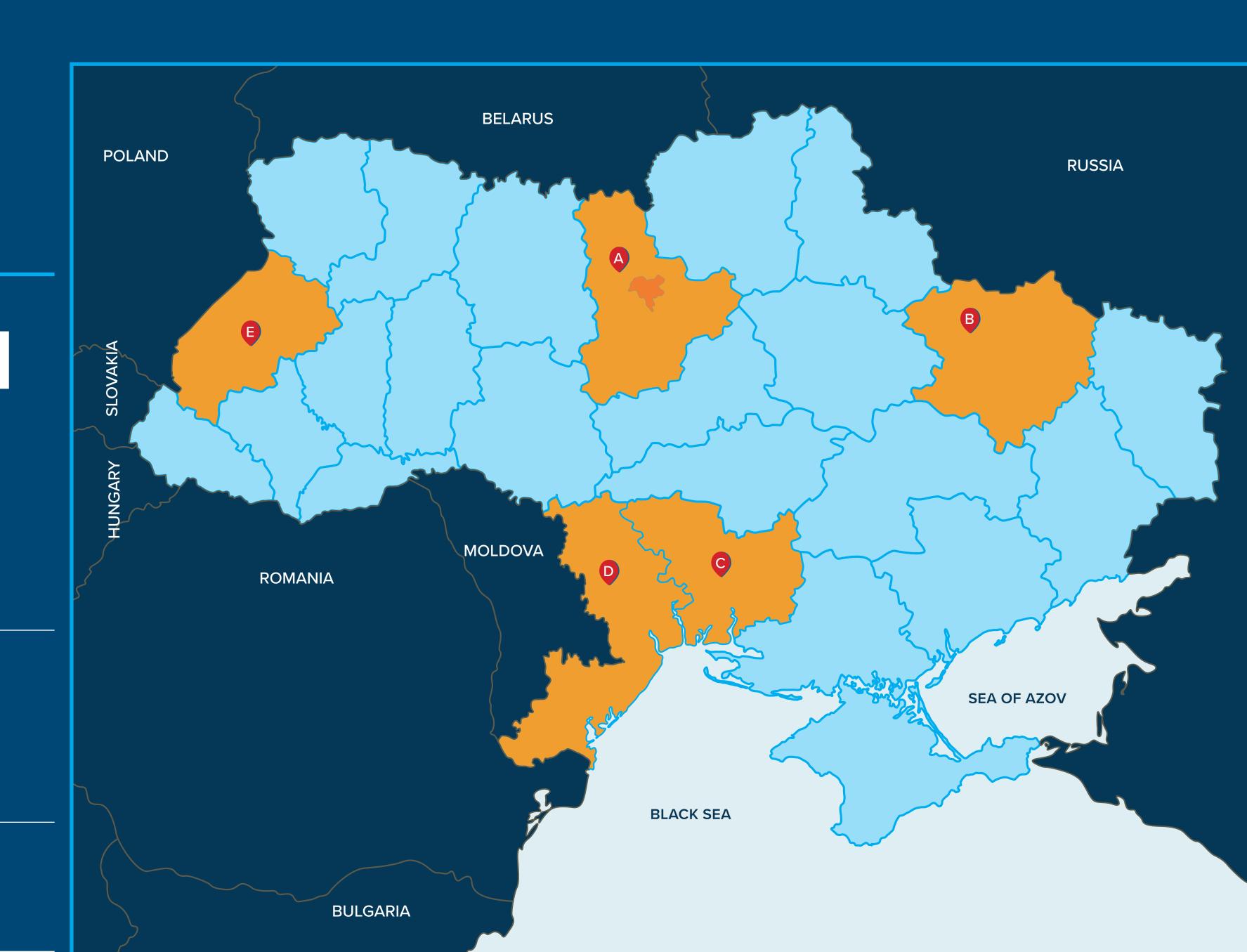
- Partnered with local authorities to rehabilitate WASH infrastructure at 20 health facilities and IDP centers in Chernihiv, Kharkiv, Kyiv and Odesa oblasts
- Drilled two boreholes—with plans for an additional four—and established water reserve systems at six health facilities to ensure consistent access to potable water
- Rehabilitated public water systems in Chernihiv, Kharkiv, Lviv and Odesa oblasts
- Delivered potable water to 50 communities in Donetsk, Kharkiv, Kherson and Mykolaiv oblasts where water systems have been damaged or destroyed and will take time to rehabilitate or rebuild
- Distributed more than 15,000 hygiene kits and household cleaning kits to IDPs in temporary accommodation centers and recently liberated communities



NUTRITION & FOOD SECURITY



- A KYIV
- **B** KHARKIV
- **©** MYKOLAIV
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- **(E)** LVIV





NUTRITION & FOOD SECURITY

Nutrition is central to maintaining good health and is often an urgent need in frontline and recently liberated areas, where many lack consistent access to food and the means to prepare it



In response, we have:

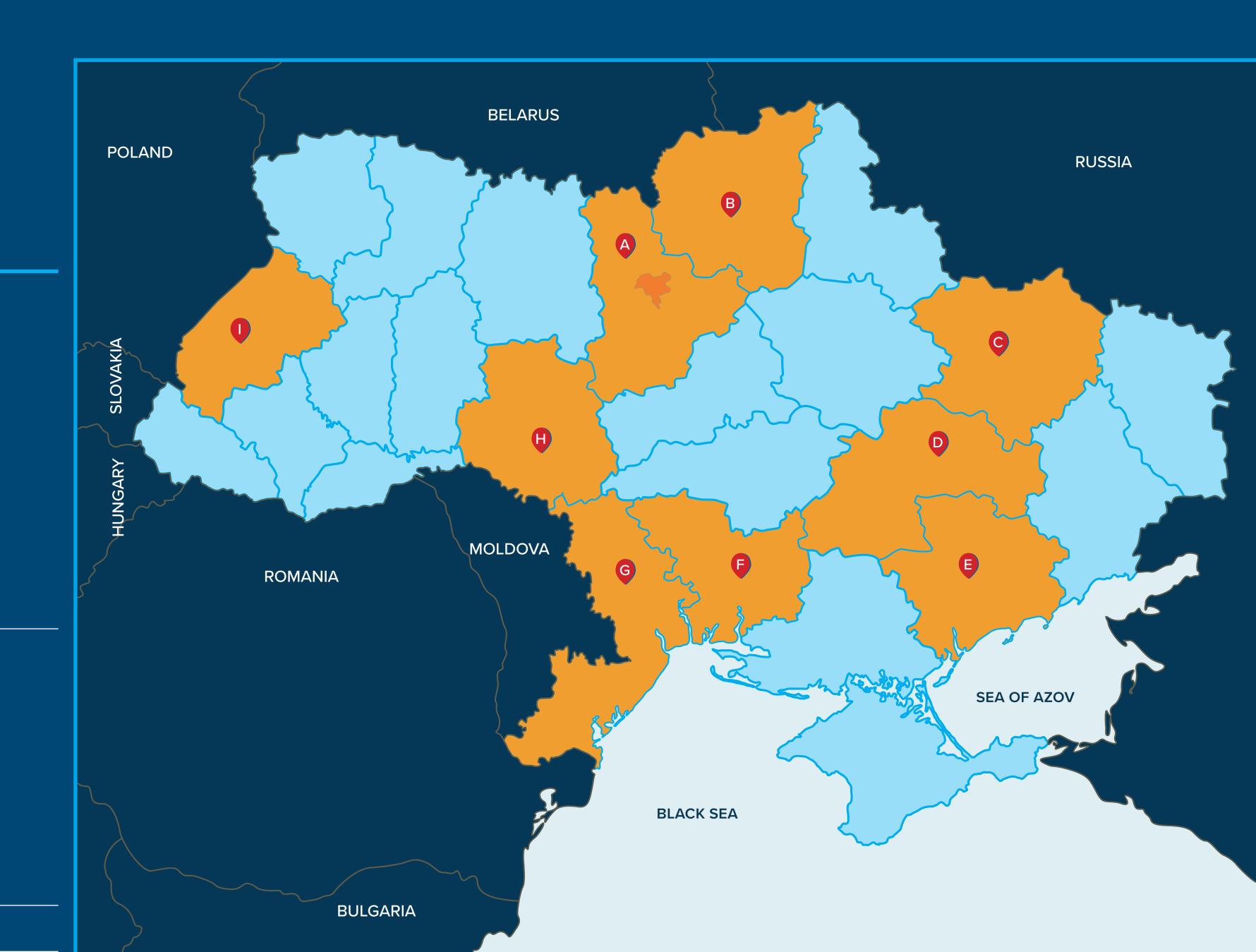
- Established four mother-baby spaces in Kyiv, Lviv and Odesa oblasts to increase availability and access to emergency services and essential baby items (including diapers and food), and to promote maternal and child nutrition practices that improve child survival and promote healthy growth and development
- Reached more than 2,000 people with education and information on the importance of infant and young-child feeding (IYCF) practices through group sessions, radio and brochures
- Trained 137 health workers on IYCF practices during emergencies, increasing knowledge and skills needed to adequately support mothers/caregivers
- Reached nearly 2,500 mothers and children under 5 through maternal and child nutrition activities and group discussions
- Provided and distributed nearly 8,000 complementary foods and baby kits for children under 2, and 300 food kits for adults—feeding 8,300 adults and children for one month
- Delivered 280,725 hot meals to 8,066 people residing in recently liberated areas in and around Kharkiv
 - Provided 5,195,448 food items such as canned foods, pasta, coffee and more to people in conflict zones and newly liberated areas



CASH& ESSENTIAL ITEMS



- **A** KYIV
- **B** CHERNIHIV
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- **MYKOLAIV**
- **ODESA**
- **UNNYTSIA**
- **U** LVIV





UKRAINE CASH & ESSENTIAL ITEMS

Cash assistance is a critical form of support for communities impacted by conflict and disaster as it can be mobilized quickly, it also provides recipients with the flexibility to work with vendors that are convenient to their location and schedule, and supports the local economy

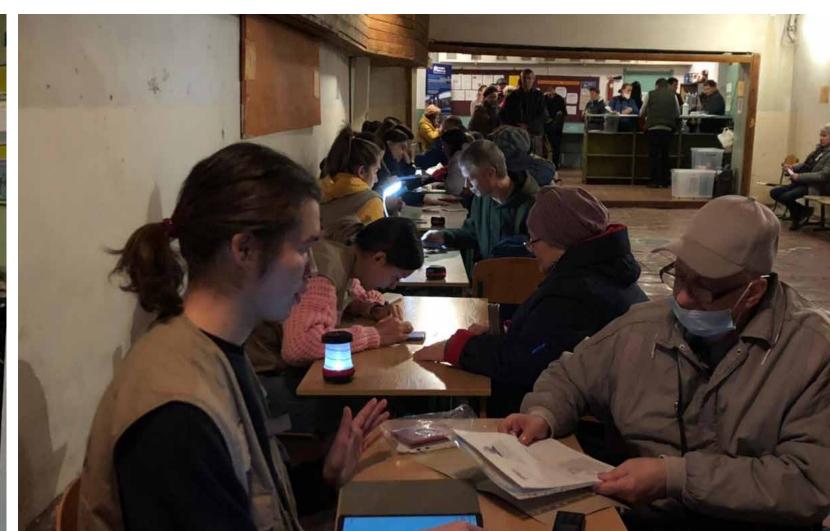
In response, we have:

- Provided nearly 13,000 people with \$3.5 million in cash assistance across Chernihiv, Kharkiv, Kyiv, Lviv and Zaporizhzhia oblasts
- Registered some 1,500 households—4,500 people—to receive cash assistance in the coming months
- Procured and delivered nearly 10,000 NFIs, including blankets, solar lights and solid fuel, in Donetsk, Kharkiv, Kherson and Mykolaiv oblasts, to support those affected by the harsh winter

All data as of December 31, 2022











FROM THE FIELD

As part of our response in Ukraine, we have distributed beds, mattresses, blankets and hygiene kits to IDPs.

66

International Medical Corps is no less than an angel for me. Your organization is the first to come and check on us. The blankets you have provided have helped us to cope with the cold."

POLYAKOVA NATALIA an 80-year-old woman from Rubtsi, a village in the Donetsk region





FROM THE FIELD

We are providing cash assistance to the most vulnerable populations. People can use the cash in a way that best meets their family's needs.



I have seen people arriving on crutches and in wheelchairs, with a missing leg or arm...because they are desperate for assistance. You can see it in their eyes. I have had so many people come up to me and hug me. They shake my hand and thank me, even though they don't know me. It shows how much they appreciate our support."

JOSHUA ZAKARY Cash and Voucher Assistance Manager



POLAND

Providing health, mental health, protection and WASH services for refugees, as well as training for health workers and first responders



HEALTH

Reached 1,701 refugees and third-country nationals with health-related services provided by three medical teams at border crossing points

Reached 512 refugees with disabilities with physical rehabilitation services

Provided 27,605 pieces of medical equipment and supplies—including physical rehabilitation equipment and mobility assistance devices—to health facilities

- ▶ 14,005 pieces of equipment, including assistive devices for people with disabilities
- ▶ 13,600 infection prevention and control (IPC) items (COVID-19)

Provided 17 surge staff, including Ukrainian translators and Ukrainianspeaking medical staff, to support the influx of new patients



MHPSS

Trained 668 people, including staff of local NGOs, through training-of-trainers programs on PFA

Reached 222 people by working with local partners to provide mental health consultations and psychosocial support services at temporary accommodation centers, static sites and via a hotline

Mapped services for referrals to higher levels of care





POLAND

Providing health, mental health, protection and WASH services for refugees, as well as training for health workers and first responders



PROTECTION AND GBV

Established a safe space for women and girls that will provide integrated GBV and MHPSS services, recreational activities, language courses and dignity kits, as well as referrals to other services, to support Ukrainian women and girls in Poland; mapping services for referrals to higher levels of care

Trained 386 people on GBV prevention and response

Reached 478 Roma refugees with protection services; provided information about access to education, healthcare and other social services



WASH

Distributed 13,600 IPC items at refugee centers and border crossing points







MOLDOVA & ROMANIA



LOGISTICS/PROCUREMENT

Established humanitarian corridors into Ukraine from Moldova and Romania



WASH

Procured and distributed 11,706 hygiene and cleaning kits to support 35 refugee accommodation centers in border districts



VOUCHER DISTRIBUTION PROGRAM

Distributed vouchers to 1,700 people that were redeemed for food and WASH products





MOVING FORWARD: UKRAINE

In 2023, International Medical Corps' strategy in Ukraine will remain focused on the restoration and safeguarding of access to health services; priority activities will include:



- Rehabilitation of damaged and destroyed health facilities—primarily in frontline and liberated areas—and the provision of temporary medical facilities in areas where rehabilitation may be delayed
- Provision of WASH-related infrastructure to restore access to safe water and proper sanitation, as many frontline communities have experienced significant levels of devastation
- Distribution of medical equipment and supplies to rehabilitated or strategic health facilities
- Training for health workers on pre-hospital trauma care, advanced trauma life support, treatment of CBRNE victims, PFA and more
- Winterization support for health facilities and shelters for displaced people by providing such equipment as generators and heaters
- Winterization support for affected communities by providing cash assistance, food, water and essential NFIs (e.g., blankets and warm clothing)



MOVING FORWARD: POLAND

In Poland, International Medical Corps' strategy will focus on the healthand GBV-related needs of refugees; priority activities will include:



- Facilitation of access to health services for Ukrainian refugees through the hiring and placement of Ukrainian translators—as well as additional doctor and nurses—at strategic healthcare facilities
- Provision of physical rehabilitation services, assistive devices and psychological support to people with disabilities—including those recovering from conflict-related injuries
- Operation of a safe space for women and girls in Warsaw
- Support for vulnerable Roma refugees through services designed to facilitate access to education, health and other social services

MEDIA HIGHLIGHTS



Dr. John Roberts and **Todd Bernhardt discuss** our approach to training healthcare workers and preparing for winter in Ukraine.



Dr. Joshua Rempell, an emergency medicine doctor and International Medical Corps volunteer, shares his experience training Ukrainians in trauma and mass casualty response.

THE IRISH NEWS

Dr. Morgan McMonagle, a trauma surgeon and **International Medical** Corps volunteer, talks about training Ukrainians in trauma care.



Al Sharpton interviews **Chief Operating Officer** Ky Luu on PoliticsNation about the role of humanitarian organizations in the Ukraine conflict.



Scott Pelley interviews Dr. John Roberts in Ukraine about how **International Medical** Corps is delivering vital healthcare supplies and services in the country.



Chief Operating Officer Ky Lu talks about the global refugee crisis, including refugees and internally displaced people created by the war in Ukraine.

HOW TO HELP LISTS

The New York Times







Cos Angeles Times THE CUT FORTUNE







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Henry Schein

IDEXX Foundation

International Relief Teams

James and Agnes Kim Charitable

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Jewish World Watch

John Pritzker Family Fund

Joseph Drown Foundation

Katie McGrath and J.J. Abrams

Family Foundation

Lisa and Douglas Goldman Fund

LyondellBasell Industries

Charles Kyne McCabe/The

Manifold Fund

Merck & Co., Inc.

Meta

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Niantic Labs

nVidia

Omaze

Oracle

ORIX Corporation USA

PagerDuty

RKT Charitable Trust

Rosewood Family Advisors

Rusu Family Foundation

Springer Nature

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Foundation

The David Geffen

Foundation The Eugene Vaisberg

Charitable Fund

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