GUIDELINES
for Remote MHPSS Programming in Humanitarian Settings

Appendix I: A Consolidated List of All Resources Provided in the Guidelines
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Appendix I: A Consolidated List of All Resources Provided in the Guidelines

Assessment
- IASC Assessment Guide (Refer to Section 4, Ethics and Principles for Using Mental Health and Psychosocial Support Assessment Tools)
- WHO/UNHCR Assessing mental health and psychosocial needs and resources Toolkit for humanitarian settings (For more information and advice on conducting 4Ws/service mapping, consult Tool 1, Page 30)
- Remote Data Collection During the Time of COVID-19: Lessons from Rwanda

Contingency planning
- IFRC Contingency Planning Guide
- Operational Considerations for Multisectoral Mental Health and Psychosocial Support Programmes During the COVID-19 Pandemic (Refer to Sections 2.3 Considerations when Preparing Service Adaptations for COVID-19 Scenarios; and 2.6 Considerations for Remote Working in MHPSS)
- If it is not possible to continue provision of certain MHPSS services, please mitigate using IMC (2016) Guidance Note: Disengagement/Exit strategies for the Discontinuation or Handover of Programming | Mental Health Innovation Network (mhinnovation.net)

Remote communication skills
- IOM Internal Guideline for Remote MHPSS Working Modalities
  (For tips on adjusting communication skills to remote delivery consult, pages 8-13)

Resources related to recent public health emergencies
- Mental Health and Psychosocial Support Network (MHPS.net) MHPSS COVID-19 Toolkit
- Remote Psychological First Aid During COVID-19 (IFRC)
- IASC Guidance on Operational Considerations for Multisectoral Mental Health and Psychosocial Support Programmes during the COVID-19 Pandemic
- IASC Basic Psychosocial Skills - A guide for COVID-19 Responders

Self-care and psychosocial well-being
- WHO Doing What Matters in Times of Stress

Suicide, self-harm and other emergencies in remote service delivery
- IFRC guideline on suicide and self-harm in relation to COVID-19
  (For guidance on managing risk, refer to pages 25-29)
- Suicide (SUI) module of the mhGAP-HIG
- Epilepsy/Seizures (EPY) Module of mhGAP-HIG

Training and supervision
- IFRC guide on Supportive Supervision during COVID-19
  (For special consideration for remote supervision refer to page 10)
- IFRC guidance on Online Facilitation in Mental Health and Psychosocial Support (for guidance on facilitating remote training to enhance the learning outcomes for participants combining technical skill with social-emotional learning)