



An International Medical Corps MHPSS trainer provides training in psychological first aid (PFA) to frontline workers from various local organizations engaged in refugee assistance activities in Poland.

The Russian invasion of Ukraine that began on February 24 has led to Europe's largest refugee crisis since World War II. Since the war began, at least 5,264 civilian casualties have been reported in the country, including 2,345 killed.¹

Nearly two months since the invasion, fighting continues throughout Ukraine, with the heaviest conflicts in the eastern part of the country, in Donetsk, Luhanska and Kharkivska oblasts, in both government- and non-government-controlled areas. Last week, the southern city of Mykolaic came under attack. Ukrainians in the affected area have been without access to water since April 17. Attacks have also moved toward western Ukraine, with an attack on April 18 causing 18 civilian casualties in Lviv.

The country's Ministry for Reintegration of Ukraine reported the evacuation of more than 4,300 civilians from communities affected by hostilities. Evacuations remain difficult to execute, and many Ukrainians are still hard to reach, as shelling and ongoing conflict have thwarted efforts to safely move people.

Since the invasion, more than 5 million people have fled Ukraine.² As of April 21, at least 2,825,463 people had crossed the border from Ukraine into Poland, 757,047 had entered Romania, 426,964 had entered Moldova, 471,080 had entered Hungary and 342,813 had entered Slovakia, while 549,805 had entered Russia and 23,759 had entered Belarus. Of refugee arrivals surveyed at border crossings, 89% have been female. 78% of respondents report traveling with children under 18, 11% traveling with elderly persons and 5% traveling with persons with disabilities.³

FAST FACTS

Humanitarian Toll

- According to the United Nations, at least 5,264 civilian casualties have been reported, including 2,345 killed.
- More than 12 million people have been forcibly displaced, with more than 5 million fleeing for nearby countries.

Our Footprint

- With a history in the country stretching back to 1999, we have operated continuously in Ukraine since 2014, in response to conflict in the east, providing medical, mental health and protection services, and infection prevention and control programs.

Our Response

- International Medical Corps is providing medicine, equipment, supplies and training to Ukrainian healthcare facilities and first responders.
- In Poland, our team is partnering with local organizations to provide health, protection, WASH and livelihood services to those displaced.
- In Moldova, our team is supporting refugee accommodation centers as they prepare for an influx of Ukrainians expected to flee from Odessa.

¹ <https://reliefweb.int/report/ukraine/ukraine-civilian-casualties-2400-20-april-2022-enruuk>

² <https://data2.unhcr.org/en/situations/ukraine>

³ <https://www.impact-repository.org/document/reach/868860ac/REACH-Whole-of-Ukraine-Refugee-Border-Monitoring-Update-2022-04-18.pdf>

International Medical Corps Response

Since the conflict began, International Medical Corps has responded to the crisis with critical supplies and services to reach nearly 2.9 million people in Ukraine, Poland and Moldova. The response ongoing includes 136 tons of medical supplies, 140 consultations for psychosocial and emotional support inside Ukraine, training for nearly 200 first responders in psychological first aid (PFA), and hygiene kits and non-food items for more than 17,000 people at refugee accommodation centers. Our response to the crisis is ongoing, as new needs are identified in the region every day.

Ukraine

This week, our health team partnered with Dobrobut, a health network in Kyiv with clinics that offer a wide range of services for communicable and non-communicable diseases, along with stabilization and referral of patients that require a higher level of care. The clinics also are equipped with ancillary services for radiological and laboratory investigations. In this partnership, Dobrobut will provide primary healthcare services in Irpin and Brovary, while International Medical Corps will work with the country's Ministry of Health to restore the previous network of family doctors who provided primary healthcare services at the community level. This partnership will ensure that communities in Irpin and Brovary have access to comprehensive integrated primary healthcare services free of charge while International Medical Corps works in parallel to improve and enhance the functionality of the primary healthcare system.

This week in Odessa, our water, sanitation and hygiene (WASH) team delivered 1,220 hygiene items and 1,017 cleaning items to support an orphanage. With access to water remaining a critical need in Ukraine, the team delivered 760 liters of drinking water and 30 liters of cleaning and disinfecting agents to Irpin City Hospital, and is procuring additional hygiene items for the hospital. The WASH team also identified a local contractor to support the rehabilitation of a main water tank that will provide 110,000 people with access to water. The team plans to conduct additional assessments to support WASH infrastructure in communities around the city of Chernihiv.

The gender-based violence (GBV) team conducted site visits to Stryi, Morshyn and Zhuravno this week to observe conditions in shelters and community areas, and conducted key informant interviews with women in social services, identifying additional needs that International Medical Corps will be able to meet with response programs. The team plans to conduct additional assessments for communities and accommodation centers in the coming weeks.

Over the past week, International Medical Corps' mental health and psychosocial support (MHPSS) team provided two online orientation training courses on self-care and stress management for 54 school principals in Lviv, and plans additional training sessions for educators in the next week. The MHPSS team also provided online training to 20 healthcare workers in Lvivska oblast on basic psychosocial skills in times of crisis. The MHPSS team continues to conduct needs assessments in Irpin, Hostomel, Vorzel and Odessa, including conducting key informant interviews and focus group discussions. It also is continuing to conduct PFA training, and plans to implement sessions at hospitals, health clinics, aid distribution points and community social-service spaces.

Because many of our staff in Ukraine have been directly or indirectly affected by the crisis, our response also has prioritized the mental health and well-being of employees, deploying a staff well-being manager to Lviv to support the team during the ongoing response and holding two sessions focused on self-care and stress management for national and international staff in Lviv. The sessions provided education and practical tools to prevent stress and burnout among staff, and focused on addressing stigma, promoting self-resilience and advocating for support. After the missile attack in Lviv on April 18, we held an additional session for team members. Staff reported that the activities have helped them better deal with the stress of their jobs in a proactive way.



Poland

International Medical Corps has established an office in Warsaw and is currently vetting warehouse space to support our overall regional response to the crisis. Along the border, International Medical Corps is continuing to work with Polish Medical Mission to provide first-aid care and ambulatory services to refugees in Bodomierz, Dorohusk and Korczowa. As of April 19, our teams had provided consultations to 166 patients at the crossing points. To meet the needs of refugees residing in Poland, International Medical Corps is continuing to work closely with local health facilities, temporary refugee accommodation centers and local non-governmental organizations to procure additional medical equipment, supplies and assistive devices—including wheelchairs, hearing aids and walkers—to support women, children and the elderly seeking refuge in the country.



International Medical Corps staff visit the Avalon Foundation, which we will work with to support people with disabilities.

As the conflict escalates, International Medical Corps also is focused on increasing access to MHPSS services for Ukrainian refugees and third-country nationals in Poland. Our team has scheduled additional training-of-trainers sessions on PFA, and will be travelling to Lublin in late April and Krakow in early May to provide training to both Polish and Ukrainian first responders, as well as service providers working with Ukrainian refugees. Going forward, our team will continue to prioritize activities focused on promoting social cohesion by strengthening the capacity of Polish, Ukrainian and third-country nationals and by providing opportunities for groups to build relationships and collaborate in the overall response.

Ukraine Crisis Response			
26 health facilities supported	14 refugee centers supported	12 local partners engaged	
87 staff members deployed	193 Trained in PFA	140 MHPSS consultations delivered	
122 health kits distributed	1,265 WASH kits distributed	187 non-food items distributed	13,600 COVID-19 tests distributed
29 reproductive health kits distributed	4,880 WASH kits in procurement	136 tons of medical consumables and pharmaceuticals delivered	
2,878,243 direct beneficiaries			