With 11 local partners, in 142 villages and municipalities, throughout 12 districts, International Medical Corps teams have served 765,000 people.
ON APRIL 25, 2015

at 11:56 local time, a 7.8 magnitude earthquake struck Nepal, with the epicenter in Gorkha District, about 50 miles northwest of Kathmandu.

Over 350 4.0 magnitude or greater aftershocks hit in the months that followed, including a 7.3 magnitude quake and 6.3 magnitude quake on May 12.
8,000,000 people were affected: nearly all of the populations of Boston, Chicago, Paris, and Dubai combined.

1 in 8 of those affected had homes that were destroyed or damaged.

1,147 health facilities were destroyed or damaged.
WITHIN THE TWO-MONTH EMERGENCY PHASE:

Our Emergency Response Team was on the ground when the quake struck and deployed immediately to the epicenter.

- 4,547 health consultations for individuals in need of medical care
- 100,000 people supported with 22 metric tons of medicine and supplies
- 27 remote villages reached through mobile medical units, by foot, car, and helicopter
- 527 trainees received psychological first aid training to provide frontline psychosocial support to survivors
Within the two-month emergency phase:

» **16,500**
  people benefitted from the construction of **660** emergency latrines

» **4,822**
  people reached with the distribution of **1,026** hygiene kits

» **9,500**
  people benefitted from the construction of **190** handwashing stations

» **24,935**
  men, women, and children who lost everything benefitted from cash grants in the aftermath of the quake, helping them access urgently needed items like food
Helicopter transportation enabled lifesaving access to the northern areas of Gorkha and Dhading districts, where staff would have trekked for 6 to 7 days to reach the remote and underserved locations.

95% of emergency mobile medical consultations were delivered via helicopter, with 135 hours of helicopter use over the first two months.
One year later, International Medical Corps has helped Nepal build back stronger, responding to the already present needs – exacerbated by the earthquake – and preparing local communities for the next emergency.
constructed Health Post

Health Post

In coordination with the Ministry of Health and National Reconstruction Authority, teams are rebuilding damaged and destroyed health posts, equipping each with medical supplies and medical equipment. Rebuilt posts will provide primary health care, such as vaccinations, immunizations and basic obstetric care.

Rebuilding 22 health posts that will reach 97,283 people with improved health care

To date: 5 constructed, 17 in progress
International Medical Corps is providing inpatient and outpatient rehabilitation and disability care at the Gorkha District Hospital and reaching those who cannot access the hospital with mobile teams. Patients visit with post-trauma complications as well as long-term physical problems that result from agricultural work that predominates the region.

- **116,122** people with access to inpatient, outpatient, or mobile physical therapy care
- **6,509** physical therapy sessions conducted for **3,073** men, women, and children
- **947** patients receiving newly integrated sexual and reproductive health services across **3** physical therapy units

**Local Partners:** Community Service Academy Nepal and Gorkha District Hospital
The earthquake revealed important lessons for the emergency management services, including the need to build the capacity of the country’s limited ambulance availability and address technological communication disruptions between hospitals and First Responders. In response, International Medical Corps is improving emergency medical services.

- 2,343 individuals, including older populations, adults, children and infants reached with ambulance services
- With Stanford University, we are developing a curriculum for Emergency Medical Technician training in Nepal.
- 49 service providers from Nepal Ambulance Service receiving emergency medical technician training
- 5 ambulances and improved communication systems will reach those in need of emergency care

Local Partner: Nepal Ambulance Service
With the United Nations Development Program, International Medical Corps is building resilient communities through livelihood recovery activities. Together, teams are working to construct **community buildings, fish ponds, irrigation canals, maintain water tanks**, and more, to reduce risks in the event of disaster.

With 3 local partners across the 3 districts of Nuwakot, Dhading, and Rasuwa, teams plan to reach **1500** individuals with resilient livelihood support.
Radhika, a resident of Lalitpur, was expecting a child when, on June 2, she suddenly suffered severe labor pain. After her mother-in-law called for an ambulance, International Medical Corps’ partner, Nepal Ambulance Service, arrived at the scene. Radhika was suffering with complications, which our emergency medical technicians successfully addressed and treated. After transporting Radhika to the hospital, she gave birth to her baby. As a result of our rapid service and pre-hospital care, Radhika and her baby are healthy and happy.
WATER, SANITATION, AND HYGIENE

Preventing disease and providing sustainable water and sanitation solutions in communities, schools, and at health posts.

542
latrines constructed in communities and schools benefitting some 4,950 people

4,329
hygiene kits, including materials like soap, towels, and more, distributed

17,427
individuals reached with hygiene promotion activities

Local Partners: Nepal Water for Health, ACTION Nepal and Urban Environment Management Society
In the district of Lalitpur, we are training our partners to conduct community-focused risk assessments during water, sanitation and hygiene projects.

Teams assess the priority hazards, like earthquakes or monsoons that could affect the project to ensure water, sanitation, and hygiene materials, including infrastructure, are more resilient, reducing the communities’ vulnerability and building back better.
Building Healthier Futures with Clean Water and Hygiene in Nepali Schools

Although only six-years old, Aashika and Anjuta have already experienced one of the worst natural disasters to ever strike their country. After the 2015 earthquake, their water supply was contaminated, and the nearest community with clean water was inaccessible due to landslides and damaged roads. Without clean water to drink or bathe with, Aashika and Anjuta could suffer from dehydration or risk disease and infection caused by contaminated water.

With local partners, International Medical Corps has brought new water, sanitation, and hygiene facilities, as well as associated learning programs, to communities and local schools. Most popular with Aashika, Anjuta, and their classmates is the new hand-washing station at their school. Anjuta, humming a tune she learned at school as she washes her hands, explains, “We always use this song to help us remember all six steps,” referring to one of several child-friendly tools used to instill lifelong habits of proper hygiene practices in students.
International Medical Corps is treating severe malnutrition and related medical complications as the earthquake affected the delivery of essential health and nutrition services.

Local Partners: Social Development and Promotion Center and Nepal Pediatric Society

- 213,557 children under five years have increased access to nutrition care through 7 stabilization centers
- 93 children under five years admitted to the stabilization centers
- 344 sessions on integrated nutrition and health education sessions delivered to caregivers
“This program really helped me and my child,” Kalpana said as she held Kumari, her five-month-old daughter. Kumari suffered from severe acute malnutrition, complicated by cleft lip and cleft palate, causing difficulty in breastfeeding. Kalpana notes of the stabilization center, “The care made a real difference for Kumari and taught me a lot about proper care. I would have never known my child was suffering from malnutrition if this program had not come to our community.”
MENTAL HEALTH AND PSYCHOSOCIAL SUPPORT

International Medical Corps is addressing long-term mental health needs, integrating mental health and psychosocial support into primary health care facilities and community settings to facilitate access and care.

- 78 health facilities provided with psychotropic medications and supported with integrated mental health services
- 2,881 men and women receiving mental health and psychosocial support services
- 9,351 individuals participate in psychosocial activities to improve well-being

Local Partners: Integrated Community Development Campaign and Transcultural Psychosocial Organization Nepal
Shambu’s wife, son, and nephew all died in the earthquake, leaving Shambu emotionally disturbed. More than a year later, Shambu continues to experience overwhelming feelings of loneliness and sadness.

Shambu’s formal training and experience as a community psychosocial worker is helping him overcome the loss of his family members. Recently, Shambu participated in a five-day psychosocial training. Through his work, Shambu has developed new hope in his life, and is interested in learning more and building his skills to help others. He is now attending a six-month-long psychosocial counselor training course organized by International Medical Corps and local partner, Transcultural Psychosocial Organization Nepal.
International Medical Corps’ sexual and reproductive health program supports the Ministry of Health to transition to comprehensive sexual and reproductive health services, like family planning, maternal, and newborn health services. Our teams are building capacity, orienting:

- **Local Partners:** National Fertility Care Center and Society for Local Integrated Development Nepal

- **8,738** community members with **433** orientation sessions to support sexual and reproductive health

- **2,461** adolescent have also received age-appropriate life skills and sexual and reproductive health awareness training, improving the access and utilization of sexual and reproductive information and services

- **970** pregnant women registered on the mobile health platform to support antenatal care and post-natal care

**Local Partners:** National Fertility Care Center and Society for Local Integrated Development Nepal
International Medical Corps is addressing gender-based violence and increasing access to services for providers.

**16,149**

Home visits conducted to reach individuals with information on available gender-based violence services

**204**

Cases of gender-based violence, which can include rape, physical violence, psychological violence, or forced marriage, supported at female friendly spaces

Local Partner: Sahayatri Samaj
Training underpins all of what we do and this response is no different. International Medical Corps integrates training, monitoring, and supportive supervision to provide the local communities with sustainable solutions and a stronger health system. International Medical Corps is partnering with organizations and providing training and orientation support to staff. In addition, International Medical Corps has provided specific training and orientations in key areas, including:

- 217 female community health volunteers oriented on family planning, menstrual hygiene management, and sexual and reproductive health
- 233 health workers trained on the treatment of severe malnutrition
- 189 community members trained to manage new water and sanitation supply
- 138 women trained to provide basic emotional support to survivors of gender-based violence
- 49 services providers receiving emergency medical technician training
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More than one year since the first Nepal earthquake, International Medical Corps teams have served 765,000 people.

With 11 local partners
In 142 villages and municipalities
Throughout 12 districts

Thank you for your support.